



2013 MIAC Women's Outdoor Honor Rolls

As of May 28, 2013

"*" indicates event not run at Championships, but which can qualify an athlete. "C" indicates Converted time. Original times also listed. Click on the "event" links to move about the results. Use the Find option of your browser to find someone's name or team.

[Click here](#) for data on men

100 METER DASH

Erika Tipp	So St. Thomas	12.30[+1.1w]	5/3 Meet of the UnSaint
Ashley Carney	Sr Augsburg	12.37	5/10-11 MIAC Champs
Christina Rozeske	Jr St. Thomas	12.60	4/20 Long Beach Invitat
Erin Sand	Sr St. Benedict	12.62	4/27 Janis Rider Invita
Angela Tipp	So St. Thomas	12.63[+1.1w]	5/3 Meet of the UnSaint
Mallory Burnham	Fr St. Thomas	12.66	5/10-11 MIAC Champs
Rochelle Hickerson	Fr Concordia Moorhead	12.68[+1.2w]	5/10-11 MIAC Champs
Hannah Pollard-Garber	Fr Macalester	12.70[+3.7w]	5/10-11 MIAC Champs
Diane Beckius	Sr St. Benedict	12.74[+1.2w]	5/10-11 MIAC Champs
Krista McCright	Sr Bethel	12.81[+2.5w]	3/16 2013 Plnu Collegia

10

Brittany Moore	Fr St. Catherine	12.82	5/10-11 MIAC Champs
Laura Schommer	Fr Saint Mary's	12.84[+2.8w]	4/27 St. Mary's Open
Courtney Fregeau	Jr Bethel	12.84[+2.6w]	3/16 2013 Plnu Collegia
Hana Fischer	So Gustavus	12.94[+1.1w]	4/27 13th Annual Drake
Alyssa Schmidt	So Concordia Moorhead	12.97[+2.0w]	4/29 Cobber Twilight
Audrey Fricke	So St. Benedict	13.00[+1.2w]	5/10-11 MIAC Champs
Morgan Bialke	Fr Augsburg	13.00	4/27 Janis Rider Invita
Madelin Skaalrud	Jr St. Catherine	13.01[+1.2w]	5/10-11 MIAC Champs
Clare Foley	Jr St. Benedict	13.01[+0.5w]	4/27 Janis Rider Invita
Lindsay Burman	Fr Bethel	13.03	5/10-11 MIAC Champs

20

Shasta Webb	Sr Macalester	13.05[+1.3w]	4/6 Hamline Invitationa
Ashley Magelssen	Jr Bethel	13.13[+0.3w]	4/6 Hamline Invitationa
Ashley Quick	Jr Bethel	13.13[+2.5w]	3/16 2013 Plnu Collegia
Maggie Harris	Jr St. Thomas	13.15	5/10-11 MIAC Champs
Suzi Adams	Fr St. Benedict	13.15[+1.2w]	4/6 Hamline Invitationa
Kate Rochat	Sr Macalester	13.17[+0.6w]	4/27 Janis Rider Invita
Kaitlin Bembenek	So Gustavus	13.20[+3.2w]	4/27 13th Annual Drake
Hope Hertz	Jr Hamline	13.20[+1.7w]	4/6 Hamline Invitationa
Britta Olsen	Jr St. Olaf	13.21[+0.6w]	5/10-11 MIAC Champs
Molly Allen	So Augsburg	13.21[+1.4w]	4/24 Hamline Women's Tw

30

Erin Ortiz	So Macalester	13.22	5/16 Ncaa Qualfier @ Uw
Rachel Tisdale	Jr Concordia Moorhead	13.0[+0.7w]	4/20 Carleton Relays
Katherine McKinsey	Fr Carleton	13.0[+0.7w]	4/20 Carleton Relays
Amy Kiminski	Jr St. Benedict	13.28[+1.2w]	5/10-11 MIAC Champs
Anna Fry	Fr St. Thomas	13.37[+3.2w]	4/27 Janis Rider Invita

===== Last 2012 qualifier 13.37

Tara Reyelts	Jr St. Olaf	13.44[+1.3w]	4/6 Hamline Invitationa
Hayley Schuchard	Fr St. Thomas	13.47[+2.1w]	4/27 Janis Rider Invita
Natalie Hoffert	Fr Hamline	13.47[+1.9w]	4/24 Hamline Women's Tw
Brittany Hegg	Fr St. Benedict	13.54	3/29 Trinity Tiger Rela
Carly Braun	So Hamline	13.60[+1.0w]	4/24 Hamline Women's Tw

40

Kelsey Eder	Sr St. Catherine	13.61[+1.1w]	4/6 Hamline Invitationa
Alana Profit	Jr Hamline	13.62[+0.7w]	4/20 Central College Op
Kate Weyenberg	Fr St. Thomas	13.64[+0.1w]	5/3 Meet of the UnSaint
Kirsten Larsen	So Gustavus	13.64[+1.0w]	4/27 13th Annual Drake
Kai Mason	Fr Augsburg	13.64[+1.4w]	4/24 Hamline Women's Tw
Samantha Risan	Jr Concordia Moorhead	13.65[+1.3w]	5/4 Cobber Spite the Fl
Ellie Wilson	So Carleton	13.68[+0.1w]	5/3 Meet of the UnSaint
Bailey Cook	Fr St. Thomas	13.68[+2.5w]	4/27 Janis Rider Invita
Erin Wilson	So St. Benedict	13.71[+2.5w]	4/27 Janis Rider Invita
Kristie Miller	Jr St. Thomas	13.73[+2.1w]	4/27 Janis Rider Invita

50

Christina Ramsdell	So St. Catherine	13.76[+1.3w]	4/6 Hamline Invitationa
Abbie Wisneski	Fr St. Thomas	13.80[+0.6w]	4/27 Janis Rider Invita
Erin McHugh	Fr St. Olaf	13.83[+1.9w]	4/24 Hamline Women's Tw
Julia Wolter	So St. Olaf	13.84[+2.5w]	4/27 Janis Rider Invita
Erin Coughlin	Sr St. Catherine	13.89[+2.1w]	4/27 Janis Rider Invita
Erin Porter	Fr Macalester	13.90[+1.7w]	4/6 Hamline Invitationa

Ashleigh Ackley	Fr St. Catherine	13.91[+0.1w]	5/3 Meet of the UnSaint
Olivia Muyres	Fr Augsburg	13.96[+0.6w]	4/27 Janis Rider Invita
Sarie Erickson	Fr St. Benedict	14.02[+1.0w]	3/29 Trinity Tiger Rela
Leah Christensen	Jr St. Benedict	14.03[+0.6w]	4/27 Janis Rider Invita
60			
Judy Syrkin-Nikolau	So Macalester	14.07[+0.5w]	4/6 Hamline Invitationa
Kimberly Puk	So Saint Mary's	14.10[+1.1w]	4/24 Hamline Women's Tw
Katie Richards	So Carleton	14.14[+1.5w]	4/20 Carleton Relays
Adrienne Young	Sr Augsburg	14.15[+0.9w]	4/6 Hamline Invitationa
Georgia Korsah	So Hamline	14.30[+1.9w]	4/24 Hamline Women's Tw
Maggie Sullivan	Jr Carleton	14.32[+0.3w]	5/3 Meet of the UnSaint
Renee Johnson	Fr Bethel	14.36[+2.5w]	3/16 2013 Plnu Collegia
Anna Johnson	Fr St. Olaf	14.47[+0.5w]	4/6 Hamline Invitationa
Anna Felt	Fr Bethel	14.52[+2.5w]	3/16 2013 Plnu Collegia
Laura Milanez	Fr Carleton	14.53[+0.3w]	5/3 Meet of the UnSaint
70			
Jorden Priebe	Jr St. Catherine	14.53[+2.1w]	4/27 Janis Rider Invita
Hailey Salazar	Fr St. Olaf	14.55[+0.5w]	4/6 Hamline Invitationa
Natalie Decker	Sr Concordia Moorhead	14.4[-1.9w]	4/30 Al Cassell Relays
Cate Fritz	Jr Augsburg	14.73[+1.1w]	4/24 Hamline Women's Tw
Olivia Khauv	Fr St. Thomas	14.85[+0.5w]	4/6 Hamline Invitationa
Emma Fulton	Fr St. Olaf	15.13[+0.9w]	4/6 Hamline Invitationa
Heather Kalthoff	Fr Gustavus	15.51[+1.5w]	4/20 Carleton Relays
Maria Rojas	Sr St. Catherine	15.54[+2.5w]	4/27 Janis Rider Invita
78 entrants			

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[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
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200 METER DASH

Ashley Carney	Sr Augsburg	24.88[+1.3w]	5/23-25 NCAA Champs
Emily Van Heel	Jr St. Thomas	25.23	5/10-11 MIAC Champs
Angela Tipp	So St. Thomas	25.30	5/10-11 MIAC Champs
Erika Tipp	So St. Thomas	25.70[+0.2w]	5/3 Meet of the UnSaint
Dani Larson	So St. Olaf	25.85[+2.3w]	5/2-3 MIAC Heptathlon
Erin Sand	Sr St. Benedict	25.92	5/10-11 MIAC Champs
Kaari Jensen	Sr Concordia Moorhead	26.04[+2.2w]	5/23-24 NCAA Champs
Mallory Burnham	Fr St. Thomas	26.19[-0.5w]	5/3 Meet of the UnSaint
Courtney Fregeau	Jr Bethel	26.33[+2.0w]	3/16 2013 Plnu Collegia
Emily Diener	So Macalester	26.36[+3.8w]	4/27 Janis Rider Invita
10			
Hope Hertz	Jr Hamline	26.41[+3.3w]	5/10-11 MIAC Champs
Diane Beckius	Sr St. Benedict	26.49[+0.6w]	5/10-11 MIAC Champs
Christina Rozeske	Jr St. Thomas	26.63	4/20 Long Beach Invitat
Krista McCright	Sr Bethel	26.63[+1.7w]	3/16 2013 Plnu Collegia
Kaitlin Bembenek	So Gustavus	26.75[+1.3w]	4/30 MSU Twilight
Morgan Bialke	Fr Augsburg	26.77[+2.7w]	4/27 Janis Rider Invita
Madison VanWynen	Fr St. Olaf	26.78[+0.6w]	5/10-11 MIAC Champs
Laura Schommer	Fr Saint Mary's	26.86[+3.5w]	4/20 Phil Esten Challen
Erin Ortiz	So Macalester	26.88	5/10-11 MIAC Champs
Daiga Kravale	Jr Macalester	26.91[+0.8w]	4/6 Hamline Invitationa
20			
Ashley Quick	Jr Bethel	26.95[+1.7w]	3/16 2013 Plnu Collegia
Shasta Webb	Sr Macalester	26.98	5/10-11 MIAC Champs
Audrey Fricke	So St. Benedict	27.04[+0.2w]	4/24 Hamline Women's Tw
Rochelle Hickerson	Fr Concordia Moorhead	27.05[+4.3w]	4/6 Vance Butler Invite
Katherine McKinsey	Fr Carleton	27.06[+2.7w]	4/27 Janis Rider Invita
Tessa Peterson	Fr Bethel	27.09[+0.6w]	5/10-11 MIAC Champs
Hana Fischer	So Gustavus	27.10[+1.2w]	4/27 13th Annual Drake
Maggie Harris	Jr St. Thomas	27.12	5/10-11 MIAC Champs
Ameila Campbell	Fr Carleton	27.12[+3.3w]	5/2-3 MIAC Heptathlon
Mandy Witschen	Fr St. Benedict	27.16[+3.3w]	5/2-3 MIAC Heptathlon
30			
Anna Fry	Fr St. Thomas	27.20	4/27 Janis Rider Invita
Ellie Wilson	So Carleton	27.20[+2.7w]	4/27 Janis Rider Invita
Carolyn Saulsberry	Fr Hamline	27.21[+2.3w]	4/20 Central College Op

Amanda Iverson	Sr Gustavus	27.22[+0.9w]	4/27 13th Annual Drake
Brittany Moore	Fr St. Catherine	27.29[+3.0w]	4/20 Phil Esten Challen
Hannah Pollard-Garber	Fr Macalester	27.32[+2.7w]	4/27 Janis Rider Invita
Tara Reyelts	Jr St. Olaf	27.33	4/27 Janis Rider Invita
Kayti Helm	Fr St. Benedict	27.38[+2.3w]	5/2-3 MIAC Heptathlon
Molly Allen	So Augsburg	27.38[-0.6w]	3/16 Northridge Invitat
Kai Mason	Fr Augsburg	27.54[+0.4w]	3/16 Northridge Invitat

40

=====	Last 2012 qualifier	27.59	
Rachel Tisdale	Jr Concordia Moorhead	27.61	5/4 Cobber Spite the Fl
Reilly Simon	Fr Carleton	27.63[+2.7w]	4/27 Janis Rider Invita
Bailey Cook	Fr St. Thomas	27.64[-0.1w]	4/6 Hamline Invitationa
Kelsey Eder	Sr St. Catherine	27.65[+0.2w]	4/24 Hamline Women's Tw
Alyssa Schmidt	So Concordia Moorhead	27.70[+3.0w]	4/26 Simpson's Janvrin
Hayley Schuchard	Fr St. Thomas	27.72	4/27 Janis Rider Invita
Lindsay Burman	Fr Bethel	27.75[+1.8w]	4/6 Hamline Invitationa
Leah Brossoit	Jr Gustavus	27.78[-0.4w]	5/3 Meet of the UnSaint
Natalie Hoffert	Fr Hamline	27.83[+2.3w]	4/20 Central College Op
Anna Skow-Anderson	Fr Concordia Moorhead	27.87[+2.3w]	5/2-3 MIAC Heptathlon

50

Zoe Hansen	Fr St. Olaf	27.95[+2.3w]	5/2-3 MIAC Heptathlon
Britta Olsen	Jr St. Olaf	27.97[+1.2w]	4/24 Hamline Women's Tw
Erin McHugh	Fr St. Olaf	28.01[-0.9w]	4/24 Hamline Women's Tw
Abbie Wisneski	Fr St. Thomas	28.09[-0.4w]	5/3 Meet of the UnSaint
Kate Weyenberg	Fr St. Thomas	28.10[-0.4w]	5/3 Meet of the UnSaint
Lindsey Wales	Jr St. Benedict	28.13	5/4 Cobber Spite the Fl
Aimee Junget	Fr St. Thomas	28.20[+1.2w]	4/24 Hamline Women's Tw
Kirsten Larsen	So Gustavus	28.21[+1.3w]	4/30 MSU Twilight
Katie Ryan	Sr St. Thomas	28.22	4/13 Tom Cat Open
Shaina Rud	Jr St. Olaf	28.28[-0.1w]	4/6 Hamline Invitationa

60

Rachel Kalk	Jr Bethel	28.41	4/13 Tom Cat Open
Erin Coughlin	Sr St. Catherine	28.52[+3.5w]	4/20 Phil Esten Challen
Sarah Schmitt	Sr St. Benedict	28.54	3/16 CSB-SJU Invite
Erin Porter	Fr Macalester	28.57[+4.8w]	4/27 Janis Rider Invita
Madelin Skaalrud	Jr St. Catherine	28.76[-0.4w]	5/3 Meet of the UnSaint
Makayla Skluzacek	So St. Catherine	28.78[+3.3w]	5/2-3 MIAC Heptathlon
Ann Govig	Fr St. Olaf	28.78[+3.3w]	5/2-3 MIAC Heptathlon
Julia Wolter	So St. Olaf	28.80[-0.9w]	4/24 Hamline Women's Tw
Kristie Miller	Jr St. Thomas	28.80	4/13 Tom Cat Open
Alana Profit	Jr Hamline	28.80[+1.9w]	4/6 Hamline Invitationa

70

Ashleigh Ackley	Fr St. Catherine	28.91[+2.3w]	4/27 Janis Rider Invita
Akila Copeland	Fr Macalester	28.92[+2.3w]	4/27 Janis Rider Invita
Kalyse Engebretson	So St. Catherine	28.94[+2.3w]	4/27 Janis Rider Invita
Kendra Krause	Fr Hamline	29.00[+2.3w]	4/27 Janis Rider Invita
Anna Felt	Fr Bethel	29.02	4/13 Tom Cat Open
Morgan Lyons	Fr St. Thomas	29.03[+2.3w]	5/2-3 MIAC Heptathlon
Naomi Hesse	Fr St. Olaf	29.09[+1.9w]	4/6 Hamline Invitationa
Adrienne Young	Sr Augsburg	29.19[-0.1w]	5/3 Meet of the UnSaint
Erin Wilson	So St. Benedict	29.22[+2.3w]	4/27 Janis Rider Invita
Laura Milanez	Fr Carleton	29.29[+2.3w]	4/27 Janis Rider Invita

80

Renee Johnson	Fr Bethel	29.31[+2.2w]	3/16 2013 Plnu Collegia
Shelbie Walsh	Fr Gustavus	29.35[+1.1w]	4/30 MSU Twilight
Maggie Sullivan	Jr Carleton	29.36[-0.1w]	5/3 Meet of the UnSaint
Kimberly Puk	So Saint Mary's	29.39[+1.6w]	4/24 Hamline Women's Tw
Ellen Hawley	Sr St. Olaf	29.40[-0.1w]	4/6 Hamline Invitationa
Katie Richards	So Carleton	29.43[-0.1w]	5/3 Meet of the UnSaint
Jessie Self	Fr Gustavus	29.46[+3.1w]	4/20 Central College Op
Olivia Muyres	Fr Augsburg	29.5[+1.3w]	4/20 Carleton Relays
Sarie Erickson	Fr St. Benedict	29.86[-0.5w]	3/29 Trinity Tiger Rela
Sara McNary	Jr Saint Mary's	29.91[+1.0w]	4/27 St. Mary's Open

90

Jorden Priebe	Jr St. Catherine	29.94[+1.6w]	4/24 Hamline Women's Tw
Sarah Bransford	So St. Olaf	29.99	5/3 Meet of the UnSaint
Brenna Kennedy	Fr Hamline	30.00[-0.9w]	4/24 Hamline Women's Tw
Heather Kalthoff	Fr Gustavus	30.33[+1.1w]	4/30 MSU Twilight
Jule Muegge	So St. Catherine	30.34[+2.3w]	4/27 Janis Rider Invita
Kelly O'Neill	So Gustavus	30.36[+2.3w]	5/2-3 MIAC Heptathlon
Anna McDevitt	Jr Gustavus	30.47[+3.3w]	5/2-3 MIAC Heptathlon

Olivia Khauv	Fr St. Thomas	30.49[+2.3w]	4/6 Hamline Invitationa
Cate Fritz	Jr Augsburg	30.4[+1.3w]	4/20 Carleton Relays
Emily Knudson	So Augsburg	32.31[+2.3w]	4/6 Hamline Invitationa
100			
Maria Rojas	Sr St. Catherine	33.19	5/3 Meet of the UnSaint
Anna Schwartz	Fr St. Benedict	33.45	5/4 Cobber Spite the Fl
102 entrants			

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400 METER DASH

Angela Tipp	So St. Thomas	56.70	5/10-11 MIAC Champs
Emily Van Heel	Jr St. Thomas	57.99	4/20 Long Beach Invitat
Courtney Fregeau	Jr Bethel	58.47	5/16 Ncaa Qualfier @ Uw
Kaari Jensen	Sr Concordia Moorhead	58.65	5/16 Ncaa Qualfier @ Uw
Daiga Kravale	Jr Macalester	58.93	5/10-11 MIAC Champs
Amanda Iverson	Sr Gustavus	59.24	5/3 Meet of the UnSaint
Lindsey Wales	Jr St. Benedict	59.37	5/10-11 MIAC Champs
Dani Larson	So St. Olaf	59.37	4/6 Hamline Invitationa
Irene Gibson	So Macalester	59.44	5/10-11 MIAC Champs
Emily Diener	So Macalester	59.77	4/27 Janis Rider Invita
10			
Katherine McKinsey	Fr Carleton	59.80	5/10-11 MIAC Champs
Tara Reyelts	Jr St. Olaf	59.84	5/10-11 MIAC Champs
Erin Sand	Sr St. Benedict	60.31	5/4 Cobber Spite the Fl
Haley Kemper	So Gustavus	60.37	5/10-11 MIAC Champs
Ellie Wilson	So Carleton	60.43	5/10-11 MIAC Champs
Callie Christianson	Jr Concordia Moorhead	60.75	5/4 Cobber Spite the Fl
Kaitlin Bembenek	So Gustavus	61.01	5/10-11 MIAC Champs
Madison VanWylen	Fr St. Olaf	61.03	5/10-11 MIAC Champs
Rebecca Wesley	So Bethel	61.06	4/13 Tom Cat Open
Paige Rygg	Jr Concordia Moorhead	61.19	4/29 Cobber Twilight
20			
Shaina Rud	Jr St. Olaf	61.27	5/10-11 MIAC Champs
Reilly Simon	Fr Carleton	61.29	5/10-11 MIAC Champs
Aimee Junget	Fr St. Thomas	61.39	5/16 Ncaa Qualfier @ Uw
Anna Fry	Fr St. Thomas	62.18	5/10-11 MIAC Champs
Ashley Quick	Jr Bethel	62.26	4/6 Hamline Invitationa
Manon Gammon-Deering	So St. Benedict	62.41	4/20 Carleton Relays
Ruth Steinke	Fr Carleton	62.55	4/27 Janis Rider Invita
Summer Ellefson	Fr St. Thomas	62.57	5/3 Meet of the UnSaint
Naomi Hesse	Fr St. Olaf	62.74	5/3 Meet of the UnSaint
Mandy Witschen	Fr St. Benedict	63.12	3/29 Trinity Tiger Rela
30			
Laura Schommer	Fr Saint Mary's	63.23	4/27 St. Mary's Open
Erin Ortiz	So Macalester	63.25	4/27 Janis Rider Invita
Ellen Hawley	Sr St. Olaf	63.26	4/13 Winona State Warri
Brianna Baker	Fr Hamline	63.32	5/10-11 MIAC Champs
Robin Stramp	Jr St. Olaf	63.40	4/27 Janis Rider Invita
Madeline Phillips	Fr Concordia Moorhead	63.40	3/16 CSB-SJU Invite
Jackie Destache	Jr St. Thomas	63.68	4/13 Tom Cat Open
Audrey Fricke	So St. Benedict	63.75	4/24 Hamline Women's Tw
Abbie Wisneski	Fr St. Thomas	63.77	4/24 Hamline Women's Tw
Jenny Hendricks	Sr Gustavus	63.86	5/3 Meet of the UnSaint
40			
Maggie Harris	Jr St. Thomas	64.10	4/27 Janis Rider Invita
Kelsey Eder	Sr St. Catherine	64.11	4/24 Hamline Women's Tw
Kalyse Engebretson	So St. Catherine	64.22	4/27 Janis Rider Invita
Erin Coughlin	Sr St. Catherine	64.34	5/10-11 MIAC Champs
Kimberly Puk	So Saint Mary's	65.16	5/4 Carroll University
Ann Govig	Fr St. Olaf	65.16	4/6 Hamline Invitationa
Paige Thielen	Fr Bethel	65.42	4/13 Tom Cat Open
Kendra Krause	Fr Hamline	65.49	4/20 Central College Op
Sarah Bransford	So St. Olaf	65.71	5/10-11 MIAC Champs
Renee Johnson	Fr Bethel	65.88	4/20 Don Church Twiligh

50

Abby Baier	Jr St. Thomas	66.07	4/13 Tom Cat Open
Michelle Howe	So St. Benedict	66.20	3/16 CSB-SJU Invite
Tara Anderson	Fr Concordia Moorhead	66.43	5/10-11 MIAC Champs
Adrienne Young	Sr Augsburg	66.49	5/10-11 MIAC Champs
Morgan Lyons	Fr St. Thomas	66.75	4/6 Hamline Invitationa
Brenna Kennedy	Fr Hamline	66.82	4/6 Hamline Invitationa
Anna Felt	Fr Bethel	66.90	4/13 Tom Cat Open
Emma Ranum	Sr Concordia Moorhead	67.09	3/16 CSB-SJU Invite
Erin Porter	Fr Macalester	67.47	4/27 Janis Rider Invita
Zoe Hansen	Fr St. Olaf	67.54	4/6 Hamline Invitationa

60

Hanna Gribble	Fr St. Thomas	67.76	4/6 Hamline Invitationa
Sara McNary	Jr Saint Mary's	67.90	4/27 St. Mary's Open
Krist Caballero-Saucedo	Sr St. Olaf	68.55	5/3 Meet of the UnSaint
Grace Forciea	Fr St. Thomas	68.60	4/24 Hamline Women's Tw
Megan Culp	So Hamline	69.27	4/24 Hamline Women's Tw
Abby Cyr	Fr Hamline	69.45	4/24 Hamline Women's Tw
Olivia Khauv	Fr St. Thomas	70.28	4/27 Janis Rider Invita
Cate Fritz	Jr Augsburg	71.59	5/3 Meet of the UnSaint
Liz Treskunova	Fr St. Catherine	72.66	4/6 Hamline Invitationa
Emily Knudson	So Augsburg	72.72	4/6 Hamline Invitationa

70

70 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)
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800 METER RUN

Kayla Goeman	So St. Thomas	2:13.63	5/16 Ncaa Qualfier @ Uw
Haley Johnson	Jr Carleton	2:16.03	5/10-11 MIAC Champs
Colette Celichowski	So Carleton	2:17.49	5/3 Meet of the UnSaint
Anna Williams	Sr St. Benedict	2:18.10	4/27 Janis Rider Invita
Mary Klecker	Fr Augsburg	2:18.15	4/6 Hamline Invitationa
Moriah Novacinski	Jr St. Olaf	2:18.20	5/10-11 MIAC Champs
Dani Larson	So St. Olaf	2:18.32	5/2-3 MIAC Heptathlon
Amanda Iverson	Sr Gustavus	2:18.62	5/10-11 MIAC Champs
Sarah Trautman	Jr Carleton	2:18.70	5/10-11 MIAC Champs
Rebecca Wesley	So Bethel	2:19.09	5/10-11 MIAC Champs

10

Kayla Roberge	So Augsburg	2:19.22	5/10-11 MIAC Champs
Ruth Steinke	Fr Carleton	2:19.28	4/20 Carleton Relays
Callie Christianson	Jr Concordia Moorhead	2:19.30	5/10-11 MIAC Champs
Megan Terukina	Fr St. Thomas	2:19.95	4/13 Tom Cat Open
Emily Gapinski	Fr St. Thomas	2:21.38	4/6 Hamline Invitationa
Mandy Witschen	Fr St. Benedict	2:21.42	5/2-3 MIAC Heptathlon
Annie Keller	Jr St. Thomas	2:21.57	5/3 Meet of the UnSaint
Abby Engelhart	Jr St. Olaf	2:21.75	4/13 Winona State Warri
Caitlin Toner	So Macalester	2:21.97	5/10-11 MIAC Champs
Maria Theisen	Jr Hamline	2:22.02	5/3 Meet of the UnSaint

20

Megan Holmes	So St. Olaf	2:22.45	5/3 Meet of the UnSaint
Abbey Schnaith	Fr St. Olaf	2:22.53	5/10-11 MIAC Champs
Kayti Helm	Fr St. Benedict	2:22.87	5/2-3 MIAC Heptathlon
Lindsey Wales	Jr St. Benedict	2:22.97	4/24 Hamline Women's Tw
Ellen Brady	So Macalester	2:23.16	5/10-11 MIAC Champs
Manon Gammon-Deering	So St. Benedict	2:23.95	4/6 Hamline Invitationa
Robin Stramp	Jr St. Olaf	2:24.11	5/3 Meet of the UnSaint
Sophie Glassford	Fr Carleton	2:24.54	5/10-11 MIAC Champs
Ameila Campbell	Fr Carleton	2:24.75	3/27-28 Cal Multis
Jenna O'Donnell	So St. Benedict	2:24.89	4/24 Hamline Women's Tw

30

Erin Sheehan	Jr St. Thomas	2:25.04	5/10-11 MIAC Champs
Summer Ellefson	Fr St. Thomas	2:25.12	5/10-11 MIAC Champs
Caroline Campbell	Fr Carleton	2:25.43	5/10-11 MIAC Champs
Lyndsi Schwichtenberg	Jr Gustavus	2:25.47	4/30 MSU Twilight

Irene Gibson	So Macalester	2:25.80	4/27 Janis Rider Invita
Haley Lynch	So St. Benedict	2:25.89	4/24 Hamline Women's Tw
Aimee Junget	Fr St. Thomas	2:25.91	4/27 Janis Rider Invita
Kelsey Coia	Fr Macalester	2:25.92	5/3 Meet of the UnSaint
Lauren Rice	Jr Augsburg	2:26.02	4/6 Hamline Invitationa
Michelle Tellez	So Bethel	2:26.35	4/20 Don Church Twiligh
40			
Emily Brown-Phillips	Jr Hamline	2:26.39	4/24 Hamline Women's Tw
Amanda Leone	Jr St. Olaf	2:26.85	4/6 Hamline Invitationa
Hannah Toedter	Jr Hamline	2:26.99	5/3 Meet of the UnSaint
Kaari Jensen	Sr Concordia Moorhead	2:27.17	5/2-3 MIAC Heptathlon
Kelsie Larson	Jr St. Benedict	2:27.96	4/24 Hamline Women's Tw
Shaina Rud	Jr St. Olaf	2:28.66	4/13 Winona State Warri
Jenny Hendricks	Sr Gustavus	2:28.71	4/27 13th Annual Drake
Elisabeth Hanson	Sr Concordia Moorhead	2:28.73	3/16 CSB-SJU Invite
=====	Last 2012 qualifier	2:28.93	
Andrea Haus	So Hamline	2:29.18	5/3 Meet of the UnSaint
Courtney Branch	Fr Gustavus	2:29.87	4/30 MSU Twilight
50			
Morgan Lyons	Fr St. Thomas	2:30.33	5/10-11 MIAC Champs
Ann Govig	Fr St. Olaf	2:31.38	5/2-3 MIAC Heptathlon
Kristie Mueller	Sr St. Benedict	2:31.52	3/16 CSB-SJU Invite
Blythe Whealy	So Bethel	2:31.61	5/3 Meet of the UnSaint
Taylor Huston	So St. Benedict	2:31.88	5/4 Cobber Spite the Fl
Laura Comee	Fr St. Benedict	2:31.97	5/4 Cobber Spite the Fl
Nora Christensen	Fr Gustavus	2:32.27	4/27 13th Annual Drake
Madison VanWynen	Fr St. Olaf	2:32.49	5/3 Meet of the UnSaint
Dani Vitali	Jr Hamline	2:32.64	4/20 Central College Op
Paige Rygg	Jr Concordia Moorhead	2:33.06	4/6 Vance Butler Invite
60			
Anna Staudenmaier	Fr Macalester	2:33.78	4/6 Hamline Invitationa
Erin Roth	Fr Carleton	2:33.82	5/3 Meet of the UnSaint
Katie Rosenfeldt	Fr Concordia Moorhead	2:33.92	3/16 CSB-SJU Invite
Joslyn Brugh	So St. Benedict	2:34.53	3/16 CSB-SJU Invite
Amy Waananen	So St. Olaf	2:34.59	4/6 Hamline Invitationa
Anna Skow-Anderson	Fr Concordia Moorhead	2:34.86	5/2-3 MIAC Heptathlon
Casey Johnson	Fr Hamline	2:34.89	5/3 Meet of the UnSaint
Shelby Yoakum	Sr St. Thomas	2:35.13	4/27 Janis Rider Invita
Heather Olson	So Concordia Moorhead	2:35.21	4/29 Cobber Twilight
Zoe Hansen	Fr St. Olaf	2:35.24	5/2-3 MIAC Heptathlon
70			
Brenna Kennedy	Fr Hamline	2:35.67	4/20 Central College Op
Margaret Nemetz	So Macalester	2:35.96	5/3 Meet of the UnSaint
Greta Hanson	Jr St. Olaf	2:36.07	4/27 Janis Rider Invita
Carolyn Saulsberry	Fr Hamline	2:36.83	5/2-3 MIAC Heptathlon
Sam Womeldorf	Fr St. Benedict	2:37.17	3/16 CSB-SJU Invite
Emily Longley	Fr Carleton	2:37.42	5/3 Meet of the UnSaint
Lauren Ashton	So Hamline	2:37.44	4/20 Central College Op
Kalyse Engebretson	So St. Catherine	2:37.80	4/6 Hamline Invitationa
Maria Friedges	Fr St. Benedict	2:38.02	4/27 Janis Rider Invita
Sarah Howe	Jr St. Catherine	2:38.62	4/20 Phil Esten Challen
80			
Abby Cyr	Fr Hamline	2:38.65	5/3 Meet of the UnSaint
Ingrid Floersheim	Fr Concordia Moorhead	2:38.77	3/16 CSB-SJU Invite
Hannah Olson	Fr St. Olaf	2:39.00	4/27 Janis Rider Invita
Mackenzie Randklev	Fr Concordia Moorhead	2:39.11	3/16 CSB-SJU Invite
Mary Hayes	So Saint Mary's	2:39.27	4/13 Winona State Warri
Jocelyn Moreno	Fr Saint Mary's	2:39.73	4/13 Winona State Warri
Anna Sneltjes	So Concordia Moorhead	2:40.09	4/30 Al Cassell Relays
Elyse Johnson	Sr St. Catherine	2:40.44	5/3 Meet of the UnSaint
Hannah Ehling	So Augsburg	2:41.11	4/6 Hamline Invitationa
Abby Hellman	Fr Carleton	2:41.43	5/3 Meet of the UnSaint
90			
Morgan Vlakancic	Fr St. Catherine	2:41.90	5/3 Meet of the UnSaint
Alison Hall	Fr Carleton	2:42.44	5/3 Meet of the UnSaint
Christie Bunge	Fr Concordia Moorhead	2:42.47	4/29 Cobber Twilight
Nicole Ball	Jr Gustavus	2:42.50	4/20 Carleton Relays
Shayla Fulford	Jr Augsburg	2:44.06	4/13 Tom Cat Open
Cecelia Holten	Fr Concordia Moorhead	2:44.10	4/20 Carleton Relays
Tiffany Eisenbach	Fr St. Olaf	2:44.20	4/6 Hamline Invitationa
Maggie Smith	Sr St. Benedict	2:45.41	3/29 Trinity Tiger Rela

Ashley Bollig	So Saint Mary's	2:45.68	5/4 Carroll University
Jordan Pruzenski	Fr Carleton	2:45.85	4/27 Janis Rider Invita
100			
Lindsey Envall	Jr St. Benedict	2:46.35	3/29 Trinity Tiger Rela
Mia Washington	So St. Catherine	2:48.05	4/6 Hamline Invitationa
Grace Forcica	Fr St. Thomas	2:48.41	4/27 Janis Rider Invita
Anna McDevitt	Jr Gustavus	2:48.71	5/2-3 MIAC Heptathlon
Jule Muegge	So St. Catherine	2:49.27	4/20 Phil Esten Challen
Emily King	Sr St. Olaf	2:49.98	4/6 Hamline Invitationa
Hilary Murphy	Sr Hamline	2:50.01	5/3 Meet of the UnSaint
Katie Barkley	Jr Concordia Moorhead	2:50.55	3/16 CSB-SJU Invite
Makayla Skluzacek	So St. Catherine	2:50.63	4/20 Phil Esten Challen
Heather Stanton	Jr Concordia Moorhead	2:51.25	4/29 Cobber Twilight
110			
Libby Magnuson	Sr St. Olaf	2:51.91	5/3 Meet of the UnSaint
Melissa Uhrich	Fr Concordia Moorhead	2:52.82	4/29 Cobber Twilight
Laura Newcomb	Jr Carleton	2:52.93	5/3 Meet of the UnSaint
McKenna Bernard	So Macalester	2:53.56	4/6 Hamline Invitationa
Melissa Quintanilla	Fr St. Benedict	2:53.87	3/29 Trinity Tiger Rela
Ellie Finnegan	Fr St. Olaf	2:55.20	4/6 Hamline Invitationa
Liz Treskunova	Fr St. Catherine	2:57.61	4/24 Hamline Women's Tw
Maija Johansen	Fr St. Olaf	2:57.70	5/3 Meet of the UnSaint
Bret Mann	Fr St. Olaf	3:01.46	4/6 Hamline Invitationa
Kirsten Sletten	Fr St. Olaf	3:10.50	5/3 Meet of the UnSaint
120			
Kelly O'Neill	So Gustavus	3:12.34	5/2-3 MIAC Heptathlon
Ilsie Linares	So St. Catherine	3:49.38	4/6 Hamline Invitationa
122 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Top](#)

1500 METER RUN

Taylor Berg	Sr St. Thomas	4:18.10	5/23-25 NCAA Champs
Colette Celichowski	So Carleton	4:36.21	5/16 Ncaa Qualfier @ Uw
Ruth Steinke	Fr Carleton	4:42.81	4/20 Carleton Relays
Kayla Goeman	So St. Thomas	4:43.53	4/6 Hamline Invitationa
Mary Klecker	Fr Augsburg	4:43.81	5/16 Ncaa Qualfier @ Uw
Maria Theisen	Jr Hamline	4:44.20	5/17 NCC Gregory Final
Moriah Novacinski	Jr St. Olaf	4:44.76	4/6 Hamline Invitationa
Mollie Gillberg	So Bethel	4:45.12	4/13 Tom Cat Open
Erin Statz	Jr St. Thomas	4:45.85	4/6 Hamline Invitationa
Haley Johnson	Jr Carleton	4:47.54	3/29 San Francisco Stat

10

Manon Gammon-Deering	So St. Benedict	4:47.4	5/4 Cobber Spite the Fl
Caitlin Fermoye	So Gustavus	4:48.87	4/20 Carleton Relays
Kayla Roberge	So Augsburg	4:49.54	3/15 Oxy Distance Carni
Rebecca Bevans	Sr St. Olaf	4:50.98	5/3 Meet of the UnSaint
Amanda Leone	Jr St. Olaf	4:51.03	5/10-11 MIAC Champs
Paige Rygg	Jr Concordia Moorhead	4:51.08	5/10-11 MIAC Champs
Jenna O'Donnell	So St. Benedict	4:51.11	4/27 Janis Rider Invita
Lauren Rice	Jr Augsburg	4:51.98	4/13 Tom Cat Open
Andi Gomoll	Sr St. Olaf	4:52.16	5/10-11 MIAC Champs
Megan Holmes	So St. Olaf	4:52.18	4/27 Janis Rider Invita

20

Sarah Trautman	Jr Carleton	4:52.88	4/20 Carleton Relays
Megan Terukina	Fr St. Thomas	4:53.89	5/3 Meet of the UnSaint
Meggie Exner	Jr St. Olaf	4:54.26	4/6 Hamline Invitationa
Anna Williams	Sr St. Benedict	4:54.64	3/16 CSB-SJU Invite
Kathryn Stalnaker	Jr Concordia Moorhead	4:55.9	5/4 Cobber Spite the Fl
Lyndsi Schwichtenberg	Jr Gustavus	4:56.70	5/3 Meet of the UnSaint
Rebecca Hare	So Gustavus	4:57.79	4/27 13th Annual Drake
Kristie Mueller	Sr St. Benedict	4:57.87	5/10-11 MIAC Champs
Tera Hereid	Jr Bethel	4:59.64	5/10-11 MIAC Champs
Elisabeth Hanson	Sr Concordia Moorhead	4:59.5	5/4 Cobber Spite the Fl

30

Melissa Engstrom	So St. Thomas	5:00.18	5/3 Meet of the UnSaint
Abby Engelhart	Jr St. Olaf	5:00.41	4/6 Hamline Invitationa
Erica Hett	Sr Gustavus	5:00.51	4/30 MSU Twilight
Lauren Carlson	Sr St. Olaf	5:01.12	4/27 Janis Rider Invita
Michaela Banz	So St. Olaf	5:01.33	4/27 Janis Rider Invita
Caitlin Goodman	Sr St. Benedict	5:01.39	4/20 Carleton Relays
Sally Donovan	Fr Carleton	5:01.85	4/20 Carleton Relays
Annie Joslyn	Fr St. Thomas	5:02.28	5/10-11 MIAC Champs
Megan Smith	So St. Benedict	5:02.52	4/24 Hamline Women's Tw
Amy Waananen	So St. Olaf	5:03.12	5/3 Meet of the UnSaint
40			
Katie Stolz	So Saint Mary's	5:03.14	4/27 St. Mary's Open
Bailey Drewes	So St. Benedict	5:03.74	4/27 Janis Rider Invita
Kathryn Keller-Miller	So St. Benedict	5:04.08	4/27 Janis Rider Invita
Courtney Branch	Fr Gustavus	5:04.71	5/3 Meet of the UnSaint
Kiley Green	Fr St. Benedict	5:04.71	3/16 CSB-SJU Invite
Shelby Yoakum	Sr St. Thomas	5:04.85	5/3 Meet of the UnSaint
Kelsey Coulter	So St. Olaf	5:05.74	5/3 Meet of the UnSaint
Morghen Philippi	Fr St. Olaf	5:05.98	4/6 Hamline Invitationa
Rachel Roth	Fr St. Thomas	5:06.16	4/27 Janis Rider Invita
Emma Blanchard	Fr Bethel	5:06.27	5/10-11 MIAC Champs
50			
Annie Keller	Jr St. Thomas	5:06.32	4/24 Hamline Women's Tw
Taylor Huston	So St. Benedict	5:07.28	5/10-11 MIAC Champs
Hannah Knickerbocker	Jr Concordia Moorhead	5:07.30	3/16 CSB-SJU Invite
Annie Bodeau	Sr St. Olaf	5:08.02	4/27 Janis Rider Invita
Gina Luke	Sr St. Benedict	5:08.17	3/16 CSB-SJU Invite
Nicola Franta	So St. Benedict	5:09.15	5/10-11 MIAC Champs
Cassie Ernst	Jr Hamline	5:09.96	5/3 Meet of the UnSaint
Emily Brown-Phillips	Jr Hamline	5:10.12	4/27 Janis Rider Invita
Allison Brandt	Sr St. Olaf	5:10.35	4/13 Winona State Warri
Heather Hollinger	Jr Hamline	5:10.63	5/3 Meet of the UnSaint
60			
Jocelyn Moreno	Fr Saint Mary's	5:11.99	5/10-11 MIAC Champs
Andi Tauer	Fr Bethel	5:12.34	4/27 Janis Rider Invita
Laura Schmiel	Fr St. Olaf	5:12.76	5/10-11 MIAC Champs
Rebecka Palmquist	Fr St. Benedict	5:13.24	4/27 Janis Rider Invita
Hannah Toedter	Jr Hamline	5:13.49	4/20 Central College Op
Sophie Glassford	Fr Carleton	5:13.63	4/20 Carleton Relays
Cathleen Gross	Fr St. Benedict	5:13.98	4/6 Hamline Invitationa
Caroline Campbell	Fr Carleton	5:14.22	4/27 Janis Rider Invita
=====	Last 2012 qualifier	5:15.92	
Clare Siska	Fr Saint Mary's	5:16.12	4/27 St. Mary's Open
Emma Larson	Jr St. Olaf	5:17.75	4/27 Janis Rider Invita
70			
Sam Womeldorf	Fr St. Benedict	5:18.14	4/27 Janis Rider Invita
Laura Comee	Fr St. Benedict	5:18.23	4/27 Janis Rider Invita
Adrienne Bruder	Fr Carleton	5:18.52	5/3 Meet of the UnSaint
Allie Thiel	Fr Saint Mary's	5:18.98	5/4 Carroll University
Kelsey Coia	Fr Macalester	5:20.25	4/6 Hamline Invitationa
Kelly Cargos	Sr Macalester	5:20.49	4/27 Janis Rider Invita
Heather Olson	So Concordia Moorhead	5:20.55	4/30 Al Cassell Relays
Serina Robinson	So St. Olaf	5:20.90	4/13 Winona State Warri
Kristen Mueller	So St. Olaf	5:21.21	5/3 Meet of the UnSaint
Mary Swiggum	Sr St. Olaf	5:21.44	5/3 Meet of the UnSaint
80			
Sarah Howe	Jr St. Catherine	5:22.66	5/3 Meet of the UnSaint
Beth Scott	Jr Saint Mary's	5:22.70	4/13 Winona State Warri
Morgan Richmond	Fr Carleton	5:23.73	4/27 Janis Rider Invita
Madeline Bland	Fr Bethel	5:24.05	3/16 2013 Plnu Collegia
Adria Tauer	Sr Bethel	5:24.50	4/20 Don Church Twiligh
Andrea Haus	So Hamline	5:24.78	4/20 Central College Op
Maggie Smith	Sr St. Benedict	5:24.87	4/27 Janis Rider Invita
Esther Banaian	Fr St. Benedict	5:25.14	4/27 Janis Rider Invita
Tiffany Eisenbach	Fr St. Olaf	5:25.60	5/3 Meet of the UnSaint
Amy Spitzmueller	Jr Saint Mary's	5:26.04	4/27 St. Mary's Open
90			
Greta Hanson	Jr St. Olaf	5:26.52	4/6 Hamline Invitationa
Halle Marr	Fr Bethel	5:26.56	4/6 Hamline Invitationa
Emily Longley	Fr Carleton	5:26.85	4/27 Janis Rider Invita
Mary Hayes	So Saint Mary's	5:26.95	5/4 Carroll University

Ellen Brady	So Macalester	5:27.56	4/6 Hamline Invitationa
Bridget Hayes	So Saint Mary's	5:27.85	5/4 Carroll University
Lindsey Envall	Jr St. Benedict	5:28.43	3/29 Trinity Tiger Rela
Christie Bunge	Fr Concordia Moorhead	5:29.12	5/4 Cobber Spite the Fl
Erin Roth	Fr Carleton	5:29.15	5/3 Meet of the UnSaint
Casey Johnson	Fr Hamline	5:30.17	4/6 Hamline Invitationa
100			
Alison Hall	Fr Carleton	5:30.31	5/3 Meet of the UnSaint
Dani Vitali	Jr Hamline	5:30.38	4/6 Hamline Invitationa
Kaci McCoy	Fr St. Benedict	5:30.53	5/4 Cobber Spite the Fl
Joslyn Brugh	So St. Benedict	5:31.04	3/29 Trinity Tiger Rela
Suzanne McConn	Jr Concordia Moorhead	5:33.06	3/16 CSB-SJU Invite
Shayla Fulford	Jr Augsburg	5:33.16	5/3 Meet of the UnSaint
Natalie Ristau	Sr Gustavus	5:33.35	5/3 Meet of the UnSaint
Dayna Johnson	So St. Benedict	5:33.39	5/4 Cobber Spite the Fl
Mia Washington	So St. Catherine	5:33.44	4/6 Hamline Invitationa
Mariah Lardy	So Concordia Moorhead	5:34.51	3/16 CSB-SJU Invite
110			
Hannah Ehling	So Augsburg	5:34.99	4/24 Hamline Women's Tw
Siri McCord	So St. Olaf	5:35.57	5/3 Meet of the UnSaint
Maren Betterman	Fr Macalester	5:35.58	5/3 Meet of the UnSaint
Anna Sneltjes	So Concordia Moorhead	5:36.12	4/20 Carleton Relays
Anne Gathje	Fr St. Benedict	5:37.80	4/27 Janis Rider Invita
Jordan Pruzenski	Fr Carleton	5:38.01	4/20 Carleton Relays
Tori Lewis	So Macalester	5:38.15	5/3 Meet of the UnSaint
Betsy Vomacka	So St. Olaf	5:39.12	4/27 Janis Rider Invita
Bret Mann	Fr St. Olaf	5:42.03	4/27 Janis Rider Invita
Laura Newcomb	Jr Carleton	5:43.07	4/27 Janis Rider Invita
120			
Tia Koebele	So Bethel	5:43.50	4/27 Janis Rider Invita
Taisa Kushner	Jr St. Olaf	5:44.09	4/13 Winona State Warri
Laura Brandes	So St. Benedict	5:44.99	4/6 Hamline Invitationa
Stella Arndorfer	Fr St. Olaf	5:46.13	4/13 Winona State Warri
Emily King	Sr St. Olaf	5:46.14	4/6 Hamline Invitationa
Haylee Hastad	So Concordia Moorhead	5:46.16	4/29 Cobber Twilight
Hillary Henke	Fr Bethel	5:49.12	4/20 Don Church Twiligh
Hannah Olson	Fr St. Olaf	5:52.50	4/6 Hamline Invitationa
Lauren Ashton	So Hamline	5:54.24	4/24 Hamline Women's Tw
Ellie Finnegan	Fr St. Olaf	5:55.92	4/27 Janis Rider Invita
130			
Ashley Bollig	So Saint Mary's	5:56.70	4/20 Phil Esten Challen
Matthea Roemer	Fr Macalester	5:56.82	4/6 Hamline Invitationa
Melissa Quintanilla	Fr St. Benedict	5:57.94	4/24 Hamline Women's Tw
Anne Marie Sketch	Jr Hamline	6:00.11	5/3 Meet of the UnSaint
Katherine Mockler	Jr Saint Mary's	6:01.95	4/27 St. Mary's Open
Maija Johansen	Fr St. Olaf	6:12.07	4/27 Janis Rider Invita
Elizabeth Hamilton	Jr Macalester	6:12.21	4/27 Janis Rider Invita
Kristin Westermeier	Fr Concordia Moorhead	6:12.36	3/16 CSB-SJU Invite
Morgan Vlakancic	Fr St. Catherine	6:13.78	4/6 Hamline Invitationa
Alison Broman	Fr Concordia Moorhead	6:21.65	3/16 CSB-SJU Invite
140			
Michaela Read	Fr Concordia Moorhead	6:21.90	5/4 Cobber Spite the Fl
Sarah Gotwals	Fr Macalester	6:49.51	4/6 Hamline Invitationa
Kirsten Sletten	Fr St. Olaf	6:51.13	4/6 Hamline Invitationa
143 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Top](#)

3000 METER RUN*

Jenna O'Donnell	So St. Benedict	10:39.80c (10:39.80)	3/16 CSB-SJU Invite
Kelsie Larson	Jr St. Benedict	10:42.70c (10:42.70)	3/16 CSB-SJU Invite
Manon Gammon-Deering	So St. Benedict	10:43.41c (10:43.41)	3/16 CSB-SJU Invite
Hannah Knickerbocker	Jr Concordia Moorhead	10:50.48c (10:50.48)	3/16 CSB-SJU Invite
Sarah Trautman	Jr Carleton	10:55.32c (10:55.32)	4/27 Janis Rider Invita
Tera Hereid	Jr Bethel	11:06.03c (11:06.03)	4/27 Janis Rider Invita

Haley Lynch	So St. Benedict	11:06.56c	(11:06.56)	3/16	CSB-SJU Invite
Lauren Carlson	Sr St. Olaf	11:11.98c	(11:11.98)	4/27	Janis Rider Invita
Michaela Banz	So St. Olaf	11:13.41c	(11:13.41)	4/27	Janis Rider Invita
Kathryn Stalnaker	Jr Concordia Moorhead	11:13.64c	(11:13.64)	3/16	CSB-SJU Invite
10					
Melissa Engstrom	So St. Thomas	11:15.18c	(11:15.18)	4/13	Tom Cat Open
Annie Bodeau	Sr St. Olaf	11:16.85c	(11:16.85)	4/27	Janis Rider Invita
Bailey Drewes	So St. Benedict	11:20.00c	(11:20.00)	3/16	CSB-SJU Invite
Melody Walton	So Bethel	11:23.20c	(11:23.20)	3/16	2013 Plnu Collegia
Emma Blanchard	Fr Bethel	11:25.92c	(11:25.92)	3/16	2013 Plnu Collegia
Annie Joslyn	Fr St. Thomas	11:28.20c	(11:28.20)	4/13	Tom Cat Open
Rachel Roth	Fr St. Thomas	11:29.56c	(11:29.56)	4/13	Tom Cat Open
Kelsey Torchia	So St. Benedict	11:30.72c	(11:30.72)	3/16	CSB-SJU Invite
Amanda Leone	Jr St. Olaf	11:40.28c	(11:40.28)	4/27	Janis Rider Invita
Morghen Philipp	Fr St. Olaf	11:43.75c	(11:43.75)	4/27	Janis Rider Invita
20					
Mary Swiggum	Sr St. Olaf	12:07.36c	(12:07.36)	4/27	Janis Rider Invita
Tiffany Eisenbach	Fr St. Olaf	12:09.51c	(12:09.51)	4/27	Janis Rider Invita
Bret Mann	Fr St. Olaf	12:15.13c	(12:15.13)	4/27	Janis Rider Invita
Tori Lewis	So Macalester	12:18.71c	(12:18.71)	4/27	Janis Rider Invita
Katie Anderson	So Bethel	12:22.02c	(12:22.02)	3/16	2013 Plnu Collegia
Betsy Vomacka	So St. Olaf	12:24.32c	(12:24.32)	4/27	Janis Rider Invita
Heather Stanton	Jr Concordia Moorhead	12:31.15c	(12:31.15)	3/16	CSB-SJU Invite
Stella Arndorfer	Fr St. Olaf	12:31.93c	(12:31.93)	4/27	Janis Rider Invita
Taisa Kushner	Jr St. Olaf	13:13.37c	(13:13.37)	4/27	Janis Rider Invita
Michaela Read	Fr Concordia Moorhead	13:29.26c	(13:29.26)	3/16	CSB-SJU Invite
30					
Kristin Westermeier	Fr Concordia Moorhead	13:31.56c	(13:31.56)	3/16	CSB-SJU Invite

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5000 METER RUN

Taylor Berg	Sr St. Thomas	16:33.15		5/23-25	NCAA Champs
Emma Lee	Sr St. Olaf	17:17.29		5/3	Meet of the UnSaint
Rebecca Bevans	Sr St. Olaf	17:49.70		4/6	Hamline Invitationa
Lauren Rice	Jr Augsburg	17:51.34		3/15	Oxy Distance Carni
Ruth Steinke	Fr Carleton	17:55.52		4/6	Hamline Invitationa
Gabrielle Pepin	Fr St. Thomas	18:04.15		5/16	Ncaa Qualfier @ Uw
Beth Hauer	Sr Gustavus	18:04.27		4/5	2013 Wartburg Outdo
Colette Celichowski	So Carleton	18:05.52		4/6	Hamline Invitationa
Sophie Pietrick	Sr St. Olaf	18:07.70		4/6	Hamline Invitationa
Megan Smith	So St. Benedict	18:19.0		5/4	Cobber Spite the Fl
10					
Jorden Johnson	So St. Olaf	18:21.30		5/10-11	MIAC Champs
Rachel Gunsalus	Sr Macalester	18:26.03		4/27	Janis Rider Invita
Rachel Dean	Sr St. Olaf	18:39.26		4/6	Hamline Invitationa
Michaela Banz	So St. Olaf	18:43.91		5/3	Meet of the UnSaint
Caitlin Goodman	Sr St. Benedict	18:45.11		4/6	Hamline Invitationa
Jenna O'Donnell	So St. Benedict	18:45.75		4/6	Hamline Invitationa
Rebecca Hare	So Gustavus	18:46.11		5/10-11	MIAC Champs
Caitlin Fermoyle	So Gustavus	18:47.83		5/10-11	MIAC Champs
Kathryn Keller-Miller	So St. Benedict	18:49.30		4/6	Hamline Invitationa
Emma Larson	Jr St. Olaf	18:49.37		5/3	Meet of the UnSaint
20					
Heather Hollinger	Jr Hamline	18:52.03		4/24	Hamline Women's Tw
Kathryn Stalnaker	Jr Concordia Moorhead	18:53.88		4/29	Cobber Twilight
Cathleen Gross	Fr St. Benedict	18:54.3		5/4	Cobber Spite the Fl
Aurora Janes	So Carleton	18:56.40		4/20	Carleton Relays
Andi Gomoll	Sr St. Olaf	19:00.00		5/10-11	MIAC Champs
Cassie Ernst	Jr Hamline	19:03.18		4/24	Hamline Women's Tw
Kiley Green	Fr St. Benedict	19:03.2		5/4	Cobber Spite the Fl
Emma Blanchard	Fr Bethel	19:05.20		4/20	Don Church Twiligh
Allison Brandt	Sr St. Olaf	19:07.77		4/6	Hamline Invitationa
Bailey Drewes	So St. Benedict	19:09.36		5/10-11	MIAC Champs
30					
Melissa Engstrom	So St. Thomas	19:14.21		5/10-11	MIAC Champs

Melody Walton	So Bethel	19:15.42	5/3 Meet of the UnSaint
Hannah Knickerbocker	Jr Concordia Moorhead	19:17.62	4/6 Vance Butler Invite
Nicole Woinarowicz	Jr Concordia Moorhead	19:18.1	5/4 Cobber Spite the Fl
Sally Donovan	Fr Carleton	19:21.20	5/10-11 MIAC Champs
Ariel Johnson	Sr St. Catherine	19:21.27	5/3 Meet of the UnSaint
Maggie Smith	Sr St. Benedict	19:28.54	5/10-11 MIAC Champs
Aly Wisekal	So Carleton	19:29.94	4/6 Hamline Invitationa
Hannah Toedter	Jr Hamline	19:35.71	4/6 Hamline Invitationa
Kristina Poss	Jr St. Catherine	19:37.87	4/6 Hamline Invitationa

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Adrienne Bruder	Fr Carleton	19:42.70	4/20 Carleton Relays
Lauren Shurson	Fr Gustavus	19:46.58	5/3 Meet of the UnSaint
Kelsey Torchia	So St. Benedict	19:46.80	4/20 Carleton Relays
Meredith Bache-Wiig	Sr Gustavus	19:51.34	5/3 Meet of the UnSaint
=====	Last 2012 qualifier	19:59.17	
Serina Robinson	So St. Olaf	19:59.39	4/27 Janis Rider Invita
Morgan Richmond	Fr Carleton	20:13.70	4/20 Carleton Relays
Esther Banaian	Fr St. Benedict	20:16.3	5/4 Cobber Spite the Fl
Lindsey Envall	Jr St. Benedict	20:17.2	5/4 Cobber Spite the Fl
Haylee Hastad	So Concordia Moorhead	20:19.40	4/20 Carleton Relays
Jenna McElroy	So St. Catherine	20:23.61	4/27 Janis Rider Invita

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Clare Siska	Fr Saint Mary's	20:39.06	4/13 Winona State Warri
Kaci McCoy	Fr St. Benedict	20:43.39	4/27 Janis Rider Invita
Mary Swiggum	Sr St. Olaf	20:51.99	4/24 Hamline Women's Tw
Stella Arndorfer	Fr St. Olaf	20:54.10	4/24 Hamline Women's Tw
Suzanne McConn	Jr Concordia Moorhead	21:00.88	4/29 Cobber Twilight
Anna Sneltjes	So Concordia Moorhead	21:08.28	4/29 Cobber Twilight
Jenna Diercks	Sr Bethel	21:11.26	4/6 Hamline Invitationa
Heather Stanton	Jr Concordia Moorhead	21:35.50	4/20 Carleton Relays
Abby Rothfusz	Fr Gustavus	22:19.00	4/27 13th Annual Drake
Dayna Johnson	So St. Benedict	22:21.41	4/27 Janis Rider Invita

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Mikaela Faust	So Gustavus	24:10.33	4/27 13th Annual Drake
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61 entrants

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10000 METER RUN

Emma Lee	Sr St. Olaf	35:47.24	4/13 Winona State Warri
Rebecca Bevans	Sr St. Olaf	36:05.25	5/10-11 MIAC Champs
Sophie Pietrick	Sr St. Olaf	37:19.99	4/13 Winona State Warri
Gabrielle Pepin	Fr St. Thomas	37:35.11	4/25 Drake Relays
Lauren Rice	Jr Augsburg	37:50.55	5/10-11 MIAC Champs
Beth Hauer	Sr Gustavus	37:56.51	5/10-11 MIAC Champs
Rachel Gunsalus	Sr Macalester	38:09.02	4/24 Hamline Women's Tw
Caitlin Goodman	Sr St. Benedict	38:17.07	4/24 Hamline Women's Tw
Rebecca Hare	So Gustavus	38:24.64	4/24 Hamline Women's Tw
Allison Brandt	Sr St. Olaf	38:56.74	5/10-11 MIAC Champs

10

Kathryn Keller-Miller	So St. Benedict	38:58.64	5/10-11 MIAC Champs
Kathryn Stalnaker	Jr Concordia Moorhead	39:02.51	5/10-11 MIAC Champs
Kiley Green	Fr St. Benedict	39:06.45	4/24 Hamline Women's Tw
Cathleen Gross	Fr St. Benedict	39:11.11	4/24 Hamline Women's Tw
Kristina Poss	Jr St. Catherine	39:37.55	4/24 Hamline Women's Tw
Cassie Ernst	Jr Hamline	39:55.26	5/10-11 MIAC Champs
Ariel Johnson	Sr St. Catherine	39:57.45	4/24 Hamline Women's Tw
Maggie Smith	Sr St. Benedict	40:28.55	5/10-11 MIAC Champs
Nicole Woinarowicz	Jr Concordia Moorhead	40:51.72	5/10-11 MIAC Champs
Gina Luke	Sr St. Benedict	40:53.68	4/24 Hamline Women's Tw

20

Esther Banaian	Fr St. Benedict	42:02.70	4/24 Hamline Women's Tw
=====	Last 2012 qualifier	42:21.98	
Suzanne McConn	Jr Concordia Moorhead	42:54.08	4/24 Hamline Women's Tw
Lindsey Envall	Jr St. Benedict	43:37.59	4/24 Hamline Women's Tw

Haylee Hastad	So Concordia Moorhead	43:58.57	4/30 Al Cassell Relays
Heather Stanton	Jr Concordia Moorhead	46:45.21	4/30 Al Cassell Relays

25 entrants

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100 METER HURDLES

Mallory Burnham	Fr St. Thomas	14.71[+2.5w]	5/10-11 MIAC Champs
Rachel Kalk	Jr Bethel	14.91[+2.5w]	5/10-11 MIAC Champs
Marolyn Saulsberry	Fr Hamline	14.96[+2.5w]	5/10-11 MIAC Champs
Kaari Jensen	Sr Concordia Moorhead	15.04[+3.5w]	5/23-24 NCAA Champs
Dani Larson	So St. Olaf	15.23	5/10-11 MIAC Champs
Micayla Westendorf	Fr St. Benedict	15.46[+2.5w]	5/10-11 MIAC Champs
Carolyn Saulsberry	Fr Hamline	15.53	5/10-11 MIAC Champs
Kai Mason	Fr Augsburg	15.56[+2.5w]	5/10-11 MIAC Champs
Ameila Campbell	Fr Carleton	15.62[+1.4w]	5/2-3 MIAC Heptathlon
Brittany Moore	Fr St. Catherine	15.62[+2.7w]	4/27 Janis Rider Invita

10

Katie Ryan	Sr St. Thomas	15.67	5/10-11 MIAC Champs
Mandy Witschen	Fr St. Benedict	15.71	5/10-11 MIAC Champs
Meredith Rothstein	Sr St. Thomas	15.93[+5.1w]	4/24 Hamline Women's Tw
Abby Furlong	Sr Bethel	16.19[+2.3w]	4/27 Janis Rider Invita
Sophia Salmanpour	So Hamline	16.24	5/10-11 MIAC Champs
Tessa Peterson	Fr Bethel	16.25[+0.4w]	5/10-11 MIAC Champs
Brandi Bollig	Fr St. Benedict	16.31	5/10-11 MIAC Champs
Anna Cich	Fr Carleton	16.32[+2.7w]	4/27 Janis Rider Invita
Sarah Schmitt	Sr St. Benedict	16.37[+1.0w]	4/27 Janis Rider Invita
Molly Sullivan	So St. Benedict	16.50[+0.4w]	5/10-11 MIAC Champs

20

Olivia Decker	Jr Concordia Moorhead	16.58[+2.1w]	4/29 Cobber Twilight
Abby Baier	Jr St. Thomas	16.67[+2.0w]	5/3 Meet of the UnSaint
Judy Syrkin-Nikolau	So Macalester	16.67[+2.7w]	4/27 Janis Rider Invita
Kayti Helm	Fr St. Benedict	16.69[+1.7w]	4/27 Janis Rider Invita
Shelbie Walsh	Fr Gustavus	16.75[+1.0w]	4/27 13th Annual Drake
Jenna Yorkovich	So Bethel	16.92[+3.2w]	4/20 Don Church Twiligh
Zoe Hansen	Fr St. Olaf	17.10[+1.6w]	4/24 Hamline Women's Tw
Melissa Sorensen	Fr Gustavus	17.16[+1.5w]	4/27 13th Annual Drake
Simone Carpenter	So Macalester	17.22[+1.7w]	4/27 Janis Rider Invita
Ann Govig	Fr St. Olaf	17.26[+3.5w]	5/2-3 MIAC Heptathlon

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Samantha VanErp	Fr St. Benedict	17.29[+2.1w]	4/6 Hamline Invitationa
Keelie Sorensen	Jr Hamline	17.48[+0.2w]	4/27 Janis Rider Invita
Michelle Howe	So St. Benedict	17.58[+2.1w]	4/6 Hamline Invitationa
Ashleigh Ackley	Fr St. Catherine	17.61[+0.2w]	4/27 Janis Rider Invita
Anna McDevitt	Jr Gustavus	17.67[+1.0w]	4/27 13th Annual Drake
Kelly O'Neill	So Gustavus	17.92[+1.0w]	4/27 13th Annual Drake
Tara Anderson	Fr Concordia Moorhead	18.03[+2.1w]	4/29 Cobber Twilight
Jule Muegge	So St. Catherine	18.12[+2.3w]	4/27 Janis Rider Invita
Anna Skow-Anderson	Fr Concordia Moorhead	18.38[+1.4w]	5/2-3 MIAC Heptathlon
Krist Caballero-Saucedo	Sr St. Olaf	18.40[+0.1w]	4/13 Winona State Warri

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Makayla Skluzacek	So St. Catherine	18.67[+2.7w]	5/2-3 MIAC Heptathlon
Morgan Lyons	Fr St. Thomas	18.89[+2.7w]	5/2-3 MIAC Heptathlon
Anna Schwartz	Fr St. Benedict	18.91[+2.3w]	4/27 Janis Rider Invita
Rachel Gunderson	Fr Gustavus	21.03[-1.4w]	4/20 Central College Op

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400 METER HURDLES

Dani Larson	So St. Olaf	61.78	5/10-11 MIAC Champs
Mandy Witschen	Fr St. Benedict	63.91	5/10-11 MIAC Champs
Kaari Jensen	Sr Concordia Moorhead	64.55	5/10-11 MIAC Champs
Marolyn Saulsberry	Fr Hamline	65.06	5/10-11 MIAC Champs
Emma Russ	Fr Carleton	65.09	5/10-11 MIAC Champs
Ellen Hawley	Sr St. Olaf	65.30	5/10-11 MIAC Champs
Sophia Salmanpour	So Hamline	65.37	5/10-11 MIAC Champs
Kayti Helm	Fr St. Benedict	65.84	4/20 Carleton Relays
Marta LeFevre-Levy	Jr Macalester	66.55	5/10-11 MIAC Champs
Molly Sullivan	So St. Benedict	67.09	5/10-11 MIAC Champs
10			
Katie Rosenfeldt	Fr Concordia Moorhead	67.76	5/4 Cobber Spite the Fl
Micayla Westendorf	Fr St. Benedict	67.88	5/10-11 MIAC Champs
Madeline Phillips	Fr Concordia Moorhead	68.06	5/3 Meet of the UnSaint
Katie Ryan	Sr St. Thomas	68.13	5/10-11 MIAC Champs
Kelsey Eder	Sr St. Catherine	68.25	5/10-11 MIAC Champs
Ameila Campbell	Fr Carleton	69.18	3/23 Johnny Mathis Invi
Michelle Howe	So St. Benedict	69.38	5/10-11 MIAC Champs
Naomi Hesse	Fr St. Olaf	69.82	5/10-11 MIAC Champs
Jackie Destache	Jr St. Thomas	69.87	5/3 Meet of the UnSaint
Anna Cich	Fr Carleton	70.69	5/3 Meet of the UnSaint
20			
Paige Thielen	Fr Bethel	71.26	5/3 Meet of the UnSaint
Brandi Bollig	Fr St. Benedict	71.45	5/10-11 MIAC Champs
Renee Johnson	Fr Bethel	71.50	5/3 Meet of the UnSaint
Dani Vitali	Jr Hamline	71.98	4/24 Hamline Women's Tw
Emma Ranum	Sr Concordia Moorhead	72.10	5/4 Cobber Spite the Fl
Tara Anderson	Fr Concordia Moorhead	72.48	5/4 Cobber Spite the Fl
Abby Baier	Jr St. Thomas	73.38	5/3 Meet of the UnSaint
Hanna Gribble	Fr St. Thomas	74.82	5/3 Meet of the UnSaint
Rachel Gunderson	Fr Gustavus	75.78	4/20 Central College Op
Melissa Sorensen	Fr Gustavus	76.42	4/27 13th Annual Drake
30			
Shelbie Walsh	Fr Gustavus	76.50	4/20 Carleton Relays
Krist Caballero-Saucedo	Sr St. Olaf	76.60	4/13 Winona State Warri
Jessie Self	Fr Gustavus	77.01	4/27 13th Annual Drake

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3000M STEEPLECHASE

Ruth Steinke	Fr Carleton	11:10.36	5/16 Ncaa Qualfier @ Uw
Erica Hett	Sr Gustavus	11:19.22	5/10-11 MIAC Champs
Megan Smith	So St. Benedict	11:26.25	5/10-11 MIAC Champs
Hannah Toedter	Jr Hamline	11:27.64	5/17 NCC Gregory Final
Mollie Gillberg	So Bethel	11:39.31	4/6 Hamline Invitationa
Katie Stolz	So Saint Mary's	11:42.42	5/16 Ncaa Qualfier @ Uw
Elisabeth Hanson	Sr Concordia Moorhead	11:43.33	4/20 Carleton Relays
Kelsie Larson	Jr St. Benedict	11:47.11	5/10-11 MIAC Champs
Nara Nelson	Sr St. Thomas	11:53.17	5/3 Meet of the UnSaint
Lauren Carlson	Sr St. Olaf	11:53.58	5/3 Meet of the UnSaint
10			
Rachel Roth	Fr St. Thomas	11:55.67	5/3 Meet of the UnSaint
Meggie Exner	Jr St. Olaf	12:00.78	5/3 Meet of the UnSaint
Marit Henckel	So Gustavus	12:01.28	5/3 Meet of the UnSaint
Jenna McElroy	So St. Catherine	12:01.70	5/10-11 MIAC Champs
Melody Walton	So Bethel	12:09.15	4/20 Don Church Twiligh
Clare Siska	Fr Saint Mary's	12:10.47	5/4 Carroll University
Kristina Poss	Jr St. Catherine	12:10.49	5/3 Meet of the UnSaint
Haley Lynch	So St. Benedict	12:11.6	5/4 Cobber Spite the Fl
Kelsey Torchia	So St. Benedict	12:12.61	4/27 Janis Rider Invita
Morghen Philippi	Fr St. Olaf	12:13.02	5/3 Meet of the UnSaint

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Gina Luke	Sr St. Benedict	12:13.3	5/4 Cobber Spite the Fl
Nicola Franta	So St. Benedict	12:22.3	5/4 Cobber Spite the Fl
Dani Vitali	Jr Hamline	12:26.55	5/3 Meet of the UnSaint
=====	Last 2012 qualifier	12:26.81	
Annie Joslyn	Fr St. Thomas	12:32.92	4/24 Hamline Women's Tw
Sam Womeldorf	Fr St. Benedict	12:36.27	4/24 Hamline Women's Tw
Serina Robinson	So St. Olaf	12:38.24	4/24 Hamline Women's Tw
Sarah Howe	Jr St. Catherine	12:38.69	4/6 Hamline Invitationa
Amanda Leone	Jr St. Olaf	12:39.86	5/3 Meet of the UnSaint
Sarah Jonathon	Fr Macalester	12:45.82	4/27 Janis Rider Invita
Rebecka Palmquist	Fr St. Benedict	12:52.06	4/24 Hamline Women's Tw
30			
Amy Spitzmueller	Jr Saint Mary's	12:58.67	4/20 Phil Esten Challen
Anna Sneltjes	So Concordia Moorhead	13:06.5	5/4 Cobber Spite the Fl
Lauren Shurson	Fr Gustavus	13:09.09	4/27 13th Annual Drake
Halle Marr	Fr Bethel	13:13.17	4/20 Don Church Twiligh
Rachel Mohr	Fr Gustavus	13:18.15	4/30 MSU Twilight
Anne Gathje	Fr St. Benedict	13:22.29	4/24 Hamline Women's Tw
Betsy Vomacka	So St. Olaf	13:24.37	5/3 Meet of the UnSaint
Maria Friedges	Fr St. Benedict	13:37.30	4/24 Hamline Women's Tw
Taisa Kushner	Jr St. Olaf	13:44.72	5/3 Meet of the UnSaint
Katherine Mockler	Jr Saint Mary's	14:14.32	4/27 St. Mary's Open
40			
40 entrants			

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4X100 METER RELAY

St. Thomas	St. Thomas	47.14	5/23-25 NCAA Champs
St. Benedict	St. Benedict	48.95	5/10-11 MIAC Champs
Augsburg	Augsburg	49.04	5/16 Ncaa Qualfier @ Uw
Bethel	Bethel	49.39	4/26 Drake Relays
Macalester	Macalester	49.62	5/10-11 MIAC Champs
Carleton	Carleton	49.85	5/10-11 MIAC Champs
St. Catherine	St. Catherine	50.24	5/10-11 MIAC Champs
Gustavus	Gustavus	50.30	5/10-11 MIAC Champs
Concordia Moorhead	Concordia Moorhead	50.57	5/10-11 MIAC Champs
Hamline	Hamline	50.89	5/10-11 MIAC Champs
10			
St. Olaf	St. Olaf	51.95	5/10-11 MIAC Champs
11 entrants			

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4X400 METER RELAY

St. Thomas	St. Thomas	3:44.92	5/23-25 NCAA Champs
Macalester	Macalester	3:58.16	4/27 Janis Rider Invita
St. Benedict	St. Benedict	3:58.97	4/27 Janis Rider Invita
Carleton	Carleton	4:03.57	5/10-11 MIAC Champs
Gustavus	Gustavus	4:04.65	5/10-11 MIAC Champs
St. Olaf	St. Olaf	4:05.59	5/10-11 MIAC Champs
Concordia Moorhead	Concordia Moorhead	4:06.60	5/10-11 MIAC Champs
Hamline	Hamline	4:07.11	5/3 Meet of the UnSaint
Bethel	Bethel	4:07.15	5/10-11 MIAC Champs
Augsburg	Augsburg	4:12.50	4/20 Carleton Relays
10			
St. Catherine	St. Catherine	4:16.27	5/10-11 MIAC Champs
11 entrants			

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4X800 METER RELAY

St. Thomas	St. Thomas	9:09.57	4/27 Drake Relays
Carleton	Carleton	9:13.43	5/10-11 MIAC Champs
St. Benedict	St. Benedict	9:24.38	5/10-11 MIAC Champs
Hamline	Hamline	9:27.47	5/10-11 MIAC Champs
Macalester	Macalester	9:33.83	5/10-11 MIAC Champs
Concordia Moorhead	Concordia Moorhead	9:35.68	5/10-11 MIAC Champs
Gustavus	Gustavus	9:36.94	5/10-11 MIAC Champs
St. Olaf	St. Olaf	9:45.85	5/10-11 MIAC Champs
Bethel	Bethel	10:09.83	5/10-11 MIAC Champs

9 entrants

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LONG JUMP

Hilary Thompson	Jr Concordia Moorhead	5.53m (18-1 3/4)	5/10-11 MIAC Champs
Ameila Campbell	Fr Carleton	5.47m (17-11 1/2)[+1.0w]	5/10-11 MIAC Champs
Lauren Rothschilder	Sr Gustavus	5.39m (17-8 1/4)[+1.0w]	5/10-11 MIAC Champs
Katrina Gerzema	Sr Concordia Moorhead	5.35m (17-6 3/4)	5/10-11 MIAC Champs
Rachel Kalk	Jr Bethel	5.35m (17-6 3/4)[+2.5w]	5/10-11 MIAC Champs
Kaari Jensen	Sr Concordia Moorhead	5.31m (17-5 1/4)[+0.3w]	5/10-11 MIAC Champs
Christina Rozeske	Jr St. Thomas	5.29m (17-4 1/4)[+0.9w]	5/10-11 MIAC Champs
Samantha VanErp	Fr St. Benedict	5.23m (17-2)	5/10-11 MIAC Champs
Dani Larson	So St. Olaf	5.23m (17-2)[-2.5w]	4/27 Janis Rider Invita
Kate Rochat	Sr Macalester	5.20m (17-0 3/4)[+1.1w]	5/16 Ncaa Qualfier @ Uw
10			
Sarah Schmitt	Sr St. Benedict	5.20m (17-0 3/4)[+0.3w]	5/10-11 MIAC Champs
Leah Brossoit	Jr Gustavus	5.10m (16-8 3/4)[+1.0w]	5/10-11 MIAC Champs
Audrey Fricke	So St. Benedict	5.09m (16-8 1/2)[-1.6w]	4/27 Janis Rider Invita
Anna Gay	So Bethel	5.06m (16-7 1/4)[+1.5w]	5/10-11 MIAC Champs
Hannah Fordahl	Fr Concordia Moorhead	5.06m (16-7 1/4)	5/4 Cobber Spite the Fl
Colie Sabol	Fr Concordia Moorhead	5.06m (16-7 1/4)	5/4 Cobber Spite the Fl
Kendra Coleman	Jr St. Benedict	5.02m (16-5 3/4)	5/4 Cobber Spite the Fl
Nicole Berscheid	Jr Bethel	4.97m (16-3 3/4)[-1.2w]	4/27 Janis Rider Invita
Amy Kiminski	Jr St. Benedict	4.95m (16-3)	4/20 Carleton Relays
=====	Last 2012 qualifier	4.94m (16-2 1/2)	
Mandy Witschen	Fr St. Benedict	4.92m (16-1 3/4)[-2.6w]	4/27 Janis Rider Invita
20			
Olivia Decker	Jr Concordia Moorhead	4.91m (16-1 1/2)	5/4 Cobber Spite the Fl
Sarah Fanning	Fr Saint Mary's	4.86m (15-11 1/2)	4/6 Ashton May Invitati
Carolyn Saulsberry	Fr Hamline	4.81m (15-9 1/2)	4/13 Tom Cat Open
Georgia Korsah	So Hamline	4.80m (15-9)	4/13 Tom Cat Open
Ann Govig	Fr St. Olaf	4.78m (15-8 1/4)	5/2-3 MIAC Heptathlon
Britta Olsen	Jr St. Olaf	4.77m (15-7 3/4)[-1.6w]	4/27 Janis Rider Invita
Sara Parsons	Sr Concordia Moorhead	4.76m (15-7 1/2)	5/4 Cobber Spite the Fl
Anna McDevitt	Jr Gustavus	4.70m (15-5)	5/2-3 MIAC Heptathlon
Leah Christensen	Jr St. Benedict	4.68m (15-4 1/4)	5/4 Cobber Spite the Fl
Julia Wolter	So St. Olaf	4.60m (15-1 1/4)[-1.9w]	4/27 Janis Rider Invita
30			
Sara Nester	So Hamline	4.59m (15-0 3/4)[-1.4w]	4/6 Hamline Invitationa
Anna Skow-Anderson	Fr Concordia Moorhead	4.58m (15-0 1/2)	5/2-3 MIAC Heptathlon
Makayla Skluzacek	So St. Catherine	4.56m (14-11 1/2)[+2.4w]	4/20 Phil Esten Challen
Lauren TeBrake	Sr Gustavus	4.55m (14-11 1/4)[+1.2w]	4/27 13th Annual Drake
Olivia Khauv	Fr St. Thomas	4.47m (14-8)[+1.4w]	5/3 Meet of the UnSaint
Zoe Hansen	Fr St. Olaf	4.45m (14-7 1/4)	5/2-3 MIAC Heptathlon

Kayti Helm	Fr St. Benedict	4.45m (14-7 1/4)[+1.2w]	4/24 Hamline Women's Tw
Siri Waldow	Fr St. Olaf	4.41m (14-5 3/4)[-1.2w]	4/6 Hamline Invitationa
Morgan Lyons	Fr St. Thomas	4.40m (14-5 1/4)	5/2-3 MIAC Heptathlon
Bailey Cook	Fr St. Thomas	4.37m (14-4)[+1.3w]	5/3 Meet of the UnSaint
40			
Hanna Gribble	Fr St. Thomas	4.36m (14-3 3/4)	4/13 Tom Cat Open
Grace Forciea	Fr St. Thomas	4.30m (14-1 1/4)	4/13 Tom Cat Open
Hayley Schuchard	Fr St. Thomas	4.28m (14-0 1/2)	4/13 Tom Cat Open
Kelly O'Neill	So Gustavus	4.26m (13-11 3/4)	4/20 Central College Op
Jule Muegge	So St. Catherine	4.23m (13-10 1/2)	5/2-3 MIAC Heptathlon
Adrianna Acosta	Jr Hamline	4.15m (13-7 1/2)[-1.8w]	4/20 Central College Op
Angie Colonga	So Gustavus	3.95m (12-11 1/2)[+1.3w]	4/27 13th Annual Drake

47 entrants

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TRIPLE JUMP

Hilary Thompson	Jr Concordia Moorhead	11.73m (38-6)	5/10-11 MIAC Champs
Rachel Kalk	Jr Bethel	11.69m (38-4 1/4)[+0.1w]	5/16 Ncaa Qualfier @ Uw
Emily Van Heel	Jr St. Thomas	11.66m (38-3 1/4)[+2.8w]	5/10-11 MIAC Champs
Lauren Rothschilder	Sr Gustavus	11.26m (36-11 1/2)[-0.7w]	5/10-11 MIAC Champs
Kate Roachat	Sr Macalester	11.17m (36-7 3/4)[-1.8w]	4/27 Janis Rider Invita
Nicole Berscheid	Jr Bethel	11.10m (36-5)[+0.5w]	5/16 Ncaa Qualfier @ Uw
Colie Sabol	Fr Concordia Moorhead	10.76m (35-3 3/4)[+0.1w]	5/10-11 MIAC Champs
Anna Wagner	Fr St. Benedict	10.72m (35-2)[+1.9w]	4/6 Hamline Invitationa
Carolyn Saulsberry	Fr Hamline	10.63m (34-10 1/2)[+2.7w]	5/10-11 MIAC Champs
Anna McDevitt	Jr Gustavus	10.58m (34-8 1/2)[+1.0w]	5/10-11 MIAC Champs
10			
Kendra Coleman	Jr St. Benedict	10.47m (34-4 1/4)[-0.9w]	4/27 Janis Rider Invita
Anna Gay	So Bethel	10.46m (34-4)[+1.2w]	5/3 Meet of the UnSaint
=====	Last 2012 qualifier	10.46m (34-4)	
Sarah Schmitt	Sr St. Benedict	10.40m (34-1 1/2)[-0.6w]	5/10-11 MIAC Champs
Samantha VanErp	Fr St. Benedict	10.39m (34-1 1/4)[-2.2w]	4/27 Janis Rider Invita
Olivia Decker	Jr Concordia Moorhead	10.37m (34-0 1/4)[+2.6w]	5/10-11 MIAC Champs
Sarah Mong	So St. Catherine	10.29m (33-9 1/4)[-3.5w]	4/27 Janis Rider Invita
Abby Furlong	Sr Bethel	10.26m (33-8)[-1.7w]	4/27 Janis Rider Invita
Leah Brossoit	Jr Gustavus	10.26m (33-8)[+3.4w]	4/27 13th Annual Drake
Erin Coughlin	Sr St. Catherine	10.01m (32-10 1/4)[+2.6w]	5/10-11 MIAC Champs
Keelie Sorensen	Jr Hamline	9.98m (32-9)[+1.7w]	4/6 Hamline Invitationa

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Georgia Korsah	So Hamline	9.97m (32-8 1/2)[+1.9w]	5/3 Meet of the UnSaint
Siri Waldow	Fr St. Olaf	9.87m (32-4 3/4)[+2.2w]	4/6 Hamline Invitationa
Brandi Bollig	Fr St. Benedict	9.80m (32-2)[-1.1w]	4/27 Janis Rider Invita
Kristie Miller	Jr St. Thomas	9.72m (31-10 3/4)[-2.4w]	4/27 Janis Rider Invita
Sarah Fanning	Fr Saint Mary's	9.66m (31-8 1/2)[+3.7w]	4/27 St. Mary's Open
Erin Daugherty	Jr St. Thomas	9.65m (31-8)[+1.9w]	5/3 Meet of the UnSaint
Sara Nester	So Hamline	9.62m (31-6 3/4)[+3.9w]	4/6 Hamline Invitationa
Lauren TeBrake	Sr Gustavus	9.54m (31-3 3/4)[-1.6w]	4/27 13th Annual Drake
Akila Copeland	Fr Macalester	9.53m (31-3 1/4)[-1.0w]	4/27 Janis Rider Invita
Rachel Gunderson	Fr Gustavus	9.10m (29-10 1/4)[+0.9w]	4/20 Central College Op

30

Simone Carpenter	So Macalester	8.92m (29-3 1/4)[+2.3w]	5/3 Meet of the UnSaint
Angie Colonga	So Gustavus	8.68m (28-5 3/4)[-1.3w]	4/27 13th Annual Drake

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SHOT PUT

Becky Culp	Sr Hamline	14.58m (47-10)	5/10-11 MIAC Champs
Cherae Reeves	So Concordia Moorhead	14.58m (47-10)	4/20 Carleton Relays
Olivia Johnson	Fr Concordia Moorhead	13.99m (45-10 3/4)	5/16 Ncaa Qualfier @ Uw
Sam Imholte	Fr St. Benedict	13.03m (42-9)	5/16 Ncaa Qualfier @ Uw
Hayley Solheim	Fr Gustavus	12.81m (42-0 1/2)	5/10-11 MIAC Champs
Jessica Putland	So Hamline	12.64m (41-5 3/4)	4/24 Hamline Women's Tw
Coco Booker	Sr Saint Mary's	12.44m (40-9 3/4)	4/24 Hamline Women's Tw
Sarah Swanson	Fr Gustavus	12.17m (39-11 1/4)	5/10-11 MIAC Champs
Jerri Koltveit	So Hamline	12.17m (39-11 1/4)	5/10-11 MIAC Champs
Emily Ford	Jr Gustavus	12.13m (39-9 3/4)	5/10-11 MIAC Champs

10

Hannah Fordahl	Fr Concordia Moorhead	11.68m (38-4)	4/30 Al Cassell Relays
Kara Helgeson	Fr Gustavus	11.63m (38-2)	5/10-11 MIAC Champs
Rachel Colter	So Gustavus	11.55m (37-10 3/4)	4/30 MSU Twilight
Brittany Sorgenfrie	Fr St. Benedict	11.42m (37-5 3/4)	4/27 Janis Rider Invita
Haley Zajac	Jr St. Thomas	11.17m (36-7 3/4)	5/10-11 MIAC Champs
Anna Skow-Anderson	Fr Concordia Moorhead	10.94m (35-10 3/4)	5/10-11 MIAC Champs
Hillary Birchem	Jr Concordia Moorhead	10.94m (35-10 3/4)	5/10-11 MIAC Champs
Faith Berg	Sr St. Catherine	10.89m (35-8 3/4)	5/10-11 MIAC Champs
Danelle Duppong	Jr St. Benedict	10.79m (35-4 3/4)	5/4 Cobber Spite the Fl
Allie Voigt	Fr St. Thomas	10.63m (34-10 1/2)	5/3 Meet of the UnSaint

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Ameila Campbell	Fr Carleton	10.55m (34-7 1/2)	3/27-28 Cal Multis
=====	Last 2012 qualifier	10.45m (34-3 1/2)	
Rachel Cole	Fr Bethel	10.29m (33-9 1/4)	4/20 Don Church Twiligh
Kaari Jensen	Sr Concordia Moorhead	10.28m (33-8 3/4)	5/2-3 MIAC Heptathlon
Amber Kalina	So Augsburg	10.20m (33-5 3/4)	4/27 Janis Rider Invita
Michaela Bolden	Fr St. Olaf	10.12m (33-2 1/2)	4/27 Janis Rider Invita
Kianna Byrne	So St. Catherine	9.89m (32-5 1/2)	4/20 Phil Esten Challen
Andrea Heil	Jr Augsburg	9.78m (32-1)	4/27 Janis Rider Invita
Erin Porter	Fr Macalester	9.76m (32-0 1/4)	4/6 Hamline Invitationa
Ashley Thompson	Fr Concordia Moorhead	9.72m (31-10 3/4)	5/4 Cobber Spite the Fl
Morgan Bubach	Jr Concordia Moorhead	9.72m (31-10 3/4)	4/30 Al Cassell Relays

30

Stephanie Goei	So Macalester	9.64m (31-7 1/2)	4/6 Hamline Invitationa
Abby Osborne	So Saint Mary's	9.26m (30-4 3/4)	4/20 Phil Esten Challen
Ann Govig	Fr St. Olaf	9.15m (30-0 1/4)	5/2-3 MIAC Heptathlon
Katie Banowetz	Fr Macalester	9.13m (29-11 1/2)	4/6 Hamline Invitationa
Anna McDevitt	Jr Gustavus	9.12m (29-11 1/4)	5/2-3 MIAC Heptathlon
Mandy Witschen	Fr St. Benedict	9.04m (29-8)	5/2-3 MIAC Heptathlon
Kirsten Montray	So St. Benedict	8.91m (29-2 3/4)	4/6 Hamline Invitationa
Zoe Hansen	Fr St. Olaf	8.81m (28-11)	5/2-3 MIAC Heptathlon
Katherine Fitzgerald	So St. Olaf	8.71m (28-7)	4/27 Janis Rider Invita
Joceelyn Friedman	Fr Carleton	8.63m (28-3 3/4)	4/27 Janis Rider Invita

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Adrianna Acosta	Jr Hamline	8.54m (28-0 1/4)	4/24 Hamline Women's Tw
Dani Larson	So St. Olaf	8.52m (27-11 1/2)	5/2-3 MIAC Heptathlon
Makayla Skluzacek	So St. Catherine	8.49m (27-10 1/4)	4/20 Phil Esten Challen
Morgan Lyons	Fr St. Thomas	8.48m (27-10)	5/2-3 MIAC Heptathlon
Danielle Breault	Fr St. Catherine	8.22m (26-11 3/4)	4/6 Hamline Invitationa
Laura Begin	Jr St. Olaf	8.17m (26-9 3/4)	4/27 Janis Rider Invita
Kendal Giacomini	So St. Benedict	7.94m (26-0 3/4)	3/16 CSB-SJU Invite
Ali Chudy	Fr Concordia Moorhead	7.91m (25-11 1/2)	4/30 Al Cassell Relays
Kayti Helm	Fr St. Benedict	7.80m (25-7 1/4)	4/27 Janis Rider Invita
Bailey Cook	Fr St. Thomas	7.74m (25-4 3/4)	4/6 Hamline Invitationa

50

Kelly O'Neill	So Gustavus	7.68m (25-2 1/2)	5/2-3 MIAC Heptathlon
Jule Muegge	So St. Catherine	7.62m (25-0)	5/2-3 MIAC Heptathlon
Carolyn Saulsberry	Fr Hamline	7.27m (23-10 1/4)	4/24 Hamline Women's Tw

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DISCUS THROW

Becky Culp	Sr Hamline	47.11m (154-6)	5/23-25 NCAA Champs
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Hillary Birchem	Jr Concordia Moorhead	44.44m (145-9)	4/29 Cobber Twilight
Shawny Kramer	So Hamline	43.40m (142-5)	4/24 Hamline Women's Tw
Kao Sutton	Jr Carleton	41.85m (137-3)	5/10-11 MIAC Champs
Faith Berg	Sr St. Catherine	40.40m (132-6)	4/24 Hamline Women's Tw
Sam Imholte	Fr St. Benedict	39.14m (128-5)	4/24 Hamline Women's Tw
Alana Profit	Jr Hamline	37.78m (123-11)	4/6 Hamline Invitationa
Haley Zajac	Jr St. Thomas	37.50m (123-0)	5/10-11 MIAC Champs
Olivia Johnson	Fr Concordia Moorhead	37.00m (121-5)	4/29 Cobber Twilight
Jill Kalis	So Gustavus	36.52m (119-10)	5/10-11 MIAC Champs

10

Brittany Sorgenfrie	Fr St. Benedict	36.16m (118-8)	4/24 Hamline Women's Tw
Kara Helgeson	Fr Gustavus	35.89m (117-9)	4/20 Central College Op
Jerri Koltveit	So Hamline	35.47m (116-4)	4/20 Central College Op
Anna Skow-Anderson	Fr Concordia Moorhead	35.39m (116-1)	4/29 Cobber Twilight
Alyssa Solberg	So Bethel	35.36m (116-0)	3/16 2013 Plnu Collegia
Emily Ford	Jr Gustavus	35.05m (115-0)	4/27 13th Annual Drake
Sarah Swanson	Fr Gustavus	34.94m (114-7)	4/30 MSU Twilight
Morgan Bubach	Jr Concordia Moorhead	34.68m (113-9)	4/29 Cobber Twilight
Danelle Duppong	Jr St. Benedict	33.79m (110-10)	4/27 Janis Rider Invita
Risa Luther	Fr Macalester	33.53m (110-0)	4/27 Janis Rider Invita

20

=====	Last 2012 qualifier	33.39m (109-6)	
Tiasha Scott	Jr Hamline	33.28m (109-2)	5/3 Meet of the UnSaint
Hayley Solheim	Fr Gustavus	33.27m (109-2)	4/20 Central College Op
Jessa Youso	Sr Carleton	33.24m (109-1)	5/3 Meet of the UnSaint
Allie Voigt	Fr St. Thomas	33.24m (109-1)	4/27 13th Annual Drake
Ashley Thompson	Fr Concordia Moorhead	32.66m (107-2)	4/29 Cobber Twilight
Kianna Byrne	So St. Catherine	32.44m (106-5)	4/27 Janis Rider Invita
Christina Ramsdell	So St. Catherine	30.23m (99-2)	4/24 Hamline Women's Tw
Andrea Heil	Jr Augsburg	30.18m (99-0)	3/16 Northridge Invitat
Katherine Fitzgerald	So St. Olaf	28.75m (94-4)	4/6 Hamline Invitationa
Stephanie Goei	So Macalester	28.51m (93-6)	5/3 Meet of the UnSaint

30

Michaela Bolden	Fr St. Olaf	28.08m (92-1)	4/27 Janis Rider Invita
Rachel Cole	Fr Bethel	27.92m (91-7)	4/27 Janis Rider Invita
Laura Begin	Jr St. Olaf	27.85m (91-4)	5/3 Meet of the UnSaint
Katherine Meier	Fr Macalester	27.66m (90-9)	5/3 Meet of the UnSaint
Amber Kalina	So Augsburg	26.51m (86-11)	4/27 Janis Rider Invita
Katie Banowetz	Fr Macalester	25.36m (83-2)	5/3 Meet of the UnSaint
Ali Chudy	Fr Concordia Moorhead	22.46m (73-8 1/4)	4/30 Al Cassell Relays

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HAMMER THROW

Shawny Kramer	So Hamline	52.79m (173-2)	4/20 Central College Op
Elizabeth Weiers	So Gustavus	50.25m (164-10)	5/16 Ncaa Qualfier @ Uw
Jessica Putland	So Hamline	47.26m (155-1)	4/24 Hamline Women's Tw
Becky Culp	Sr Hamline	46.93m (153-11)	4/13 Norse Relays
Haley Zajac	Jr St. Thomas	45.47m (149-2)	5/10-11 MIAC Champs
Maya Booker	So Saint Mary's	45.37m (148-10)	4/27 St. Mary's Open
Stephanie Goei	So Macalester	44.81m (147-0)	5/16 Ncaa Qualfier @ Uw
Sam Imholte	Fr St. Benedict	44.42m (145-9)	4/27 Janis Rider Invita
Jorden Priebe	Jr St. Catherine	42.17m (138-4)	5/10-11 MIAC Champs
Kao Sutton	Jr Carleton	41.39m (135-9)	4/13 Norse Relays

10

Christina Ramsdell	So St. Catherine	41.35m (135-8)	4/27 Janis Rider Invita
Alyssa Solberg	So Bethel	41.17m (135-1)	4/6 Hamline Invitationa
Jerri Koltveit	So Hamline	40.39m (132-6)	5/3 Meet of the UnSaint
Abby Osborne	So Saint Mary's	40.34m (132-4)	5/10-11 MIAC Champs
Shawvona Mitchell	Fr Hamline	40.26m (132-1)	4/20 Central College Op
Morgan Bubach	Jr Concordia Moorhead	40.08m (131-6)	4/30 Al Cassell Relays
Emily Ford	Jr Gustavus	39.93m (131-0)	4/30 MSU Twilight
Clare Foley	Jr St. Benedict	39.92m (131-0)	4/24 Hamline Women's Tw

=====	Last 2012 qualifier	39.62m (130-0)	
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Kathy Porter	Jr St. Olaf	39.25m (128-9)	5/3 Meet of the UnSaint
Kendra Coleman	Jr St. Benedict	38.33m (125-9)	3/29 Trinity Tiger Rela
20			
Tiasha Scott	Jr Hamline	37.80m (124-0)	5/3 Meet of the UnSaint
Katherine Fitzgerald	So St. Olaf	37.28m (122-4)	4/27 Janis Rider Invita
Kirsten Montray	So St. Benedict	36.49m (119-8)	5/4 Cobber Spite the Fl
Sarah Swanson	Fr Gustavus	36.35m (119-3)	4/30 MSU Twilight
Laura Begin	Jr St. Olaf	35.53m (116-7)	4/27 Janis Rider Invita
Avery Johnson	So Carleton	35.47m (116-4)	4/27 Janis Rider Invita
Alana Profit	Jr Hamline	35.29m (115-9)	4/13 Norse Relays
Olivia Johnson	Fr Concordia Moorhead	34.96m (114-8)	5/4 Cobber Spite the Fl
Michaela Bolden	Fr St. Olaf	34.54m (113-4)	4/27 Janis Rider Invita
Danelle Duppong	Jr St. Benedict	33.46m (109-9)	3/29 Trinity Tiger Rela
30			
Brittany Sorgenfrie	Fr St. Benedict	33.25m (109-1)	4/27 Janis Rider Invita
Kendal Giacomini	So St. Benedict	32.88m (107-10)	4/27 Janis Rider Invita
Love Odetola	Jr St. Olaf	32.04m (105-1)	4/13 Winona State Warri
Joceelyn Friedman	Fr Carleton	31.21m (102-4)	4/27 Janis Rider Invita
Amber Kalina	So Augsburg	30.33m (99-6)	4/27 Janis Rider Invita
Andrea Heil	Jr Augsburg	28.11m (92-2)	5/3 Meet of the UnSaint
Katie Banowetz	Fr Macalester	26.14m (85-9)	4/27 Janis Rider Invita
Rachel Cole	Fr Bethel	23.85m (78-3)	4/20 Don Church Twiligh
Ashley Thompson	Fr Concordia Moorhead	22.50m (73-10)	5/4 Cobber Spite the Fl

39 entrants

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JAVELIN THROW

Kaari Jensen	Sr Concordia Moorhead	39.30m (128-11)	4/25 Drake Relays Hepta
Olivia Johnson	Fr Concordia Moorhead	37.41m (122-9)	4/6 Vance Butler Invite
Avery Johnson	So Carleton	36.78m (120-8)	4/13 Norse Relays
Stephanie Meschke	Sr St. Catherine	35.17m (115-4)	4/20 Phil Esten Challen
Cherae Reeves	So Concordia Moorhead	35.13m (115-3)	5/10-11 MIAC Champs
Kendra Coleman	Jr St. Benedict	35.04m (114-11)	5/10-11 MIAC Champs
Rachel Colter	So Gustavus	34.40m (112-10)	4/27 13th Annual Drake
Abby Osborne	So Saint Mary's	34.08m (111-10)	4/27 Saint Mary's Open
Katie Banowetz	Fr Macalester	33.51m (109-11)	5/10-11 MIAC Champs
Sam Imholte	Fr St. Benedict	33.43m (109-8)	4/27 Janis Rider Invita
10			
Zoe Hansen	Fr St. Olaf	32.45m (106-5)	5/2-3 MIAC Heptathlon
Samantha Risan	Jr Concordia Moorhead	31.43m (103-1)	4/29 Cobber Twilight
Ameila Campbell	Fr Carleton	31.43m (103-1)	4/13 Norse Relays
Adrianna Acosta	Jr Hamline	30.87m (101-3)	4/20 Central College Op
Jessa Youso	Sr Carleton	30.57m (100-3)	5/10-11 MIAC Champs
Olamide Fadahunsi	So St. Thomas	30.18m (99-0)	5/10-11 MIAC Champs
Simone Carpenter	So Macalester	29.57m (97-0)	4/27 Janis Rider Invita
=====	Last 2012 qualifier	28.55m (93-8)	
Katherine Meier	Fr Macalester	28.30m (92-10)	5/10-11 MIAC Champs
Anna Skow-Anderson	Fr Concordia Moorhead	27.84m (91-4)	4/6 Vance Butler Invite
Danelle Duppong	Jr St. Benedict	27.15m (89-1)	5/10-11 MIAC Champs
20			
Katrina Gerzema	Sr Concordia Moorhead	26.92m (88-4)	5/4 Cobber Spite the Fl
Natalie Decker	Sr Concordia Moorhead	25.42m (83-5)	4/30 Al Cassell Relays
Anna McDevitt	Jr Gustavus	24.93m (81-9)	5/2-3 MIAC Heptathlon
Mandy Witschen	Fr St. Benedict	24.41m (80-1)	5/2-3 MIAC Heptathlon
Ann Govig	Fr St. Olaf	23.98m (78-8 1/4)	5/2-3 MIAC Heptathlon
Kayti Helm	Fr St. Benedict	23.87m (78-3 3/4)	4/27 Janis Rider Invita
Kirsten Montray	So St. Benedict	23.50m (77-1 1/4)	5/4 Cobber Spite the Fl
Alicia Evenson	Fr St. Benedict	23.34m (76-7)	5/4 Cobber Spite the Fl
Jule Muegge	So St. Catherine	22.62m (74-2 1/2)	5/2-3 MIAC Heptathlon
Brittany Sorgenfrie	Fr St. Benedict	22.16m (72-8 1/2)	4/27 Janis Rider Invita
30			
Grace Nelson	So St. Thomas	22.01m (72-2 1/2)	4/27 Janis Rider Invita
Hannah Fordahl	Fr Concordia Moorhead	21.96m (72-0 3/4)	4/6 Vance Butler Invite
Bailey Cook	Fr St. Thomas	21.85m (71-8 1/4)	4/27 Janis Rider Invita

Danielle Breault	Fr St. Catherine	21.79m (71-6)	4/20 Phil Esten Challen
Dani Larson	So St. Olaf	21.08m (69-2)	5/2-3 MIAC Heptathlon
Hilary Murphy	Sr Hamline	20.25m (66-5 1/4)	4/13 Norse Relays
Sarah Bransford	So St. Olaf	20.23m (66-4 1/2)	4/27 Janis Rider Invita
Jocelyn Friedman	Fr Carleton	20.20m (66-3 1/4)	4/13 Norse Relays
Morgan Lyons	Fr St. Thomas	20.18m (66-2 1/2)	5/2-3 MIAC Heptathlon
Carolyn Saulsberry	Fr Hamline	20.10m (65-11 1/2)	5/2-3 MIAC Heptathlon
40			
Emily Hughes	Jr St. Thomas	19.21m (63-0 1/4)	5/3 Meet of the UnSaint
Kelly O'Neill	So Gustavus	18.99m (62-3 3/4)	5/2-3 MIAC Heptathlon
Jenna Yorkovich	So Bethel	18.38m (60-3 3/4)	5/3 Meet of the UnSaint
Makayla Skluzacek	So St. Catherine	18.18m (59-7 3/4)	5/2-3 MIAC Heptathlon
Kendal Giacomini	So St. Benedict	17.55m (57-7)	4/27 Janis Rider Invita
Tori Lewis	So Macalester	16.38m (53-9)	5/3 Meet of the UnSaint
Ali Chudy	Fr Concordia Moorhead	15.80m (51-10)	4/30 Al Cassell Relays
Ashley Thompson	Fr Concordia Moorhead	15.47m (50-9 1/4)	4/29 Cobber Twilight
Anna Schwartz	Fr St. Benedict	14.92m (48-11 1/2)	5/4 Cobber Spite the Fl

49 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)
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[PV](#) | [HEP](#) | [Top](#)

HIGH JUMP

Dani Larson	So St. Olaf	1.70m (5-7)	5/23-25 NCAA Champs
Chelsea Klemetson	So Concordia Moorhead	1.68m (5-6)	5/16 Ncaa Qualifier @ Uw
Stephanie Skoog	Jr Bethel	1.65m (5-5)	4/13 Tom Cat Open
Alexis Good	Fr St. Benedict	1.65m (5-5)	4/6 Hamline Invitationa
Ann Govig	Fr St. Olaf	1.64m (5-4 1/2)	5/2-3 MIAC Heptathlon
Elise Raney	Jr St. Olaf	1.60m (5-3)	5/3 Meet of the UnSaint
Kaari Jensen	Sr Concordia Moorhead	1.60m (5-3)	4/25 Drake Relays Hepta
Bailey Cook	Fr St. Thomas	1.60m (5-3)	4/6 Hamline Invitationa
Sarah Mong	So St. Catherine	1.59m (5-2 1/2)	5/10-11 MIAC Champs
Nevada Wendlandt	Jr Gustavus	1.59m (5-2 1/2)	5/10-11 MIAC Champs

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Navada Wendlandt	Jr Gustavus	1.57m (5-1 3/4)	4/27 13th Annual Drake
Ameila Campbell	Fr Carleton	1.55m (5-1)	5/2-3 MIAC Heptathlon
Anna Skow-Anderson	Fr Concordia Moorhead	1.55m (5-1)	5/2-3 MIAC Heptathlon
Anna Wagner	Fr St. Benedict	1.54m (5-0 1/2)	5/10-11 MIAC Champs
Meredith Rothstein	Sr St. Thomas	1.51m (4-11 1/2)	4/24 Hamline Women's Tw
Alicia Evenson	Fr St. Benedict	1.49m (4-10 1/2)	5/10-11 MIAC Champs
Marta LeFevre-Levy	Jr Macalester	1.48m (4-10 1/4)	4/27 Janis Rider Invita
Kelly O'Neill	So Gustavus	1.47m (4-9 3/4)	4/30 MSU Twilight

===== Last 2012 qualifier

Olivia Decker	Jr Concordia Moorhead	1.47m (4-9 3/4)	3/16 CSB-SJU Invite
Mandy Witschen	Fr St. Benedict	1.46m (4-9 1/2)	5/2-3 MIAC Heptathlon

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Madison VanWynen	Fr St. Olaf	1.45m (4-9)	4/6 Hamline Invitationa
Zoe Hansen	Fr St. Olaf	1.45m (4-9)	4/6 Hamline Invitationa
Jule Muegge	So St. Catherine	1.45m (4-9)	4/6 Hamline Invitationa
Makayla Skluzacek	So St. Catherine	1.43m (4-8 1/4)	4/27 Janis Rider Invita
Allyson Holtz	Jr St. Benedict	1.43m (4-8 1/4)	4/24 Hamline Women's Tw
Anna McDevitt	Jr Gustavus	1.42m (4-7 3/4)	4/27 13th Annual Drake
Jenny Hendricks	Sr Gustavus	1.42m (4-7 3/4)	4/27 13th Annual Drake
Carolyn Saulsberry	Fr Hamline	1.40m (4-7)	5/2-3 MIAC Heptathlon
Erin Daugherty	Jr St. Thomas	1.40m (4-7)	4/13 Tom Cat Open
Morgan Lyons	Fr St. Thomas	1.40m (4-7)	4/13 Tom Cat Open

30

Abby Golebiowski	Fr St. Thomas	1.38m (4-6 1/4)	4/24 Hamline Women's Tw
Kayti Helm	Fr St. Benedict	1.37m (4-6)	5/2-3 MIAC Heptathlon
Angie Colonga	So Gustavus	1.37m (4-6)	4/27 13th Annual Drake
Hannah Fordahl	Fr Concordia Moorhead	1.27m (4-2)	3/16 CSB-SJU Invite

34 entrants

POLE VAULT

Ally Voss	Sr Gustavus	3.80m (12-5 1/2)	5/10-11 MIAC Champs
Angela Substad	So Bethel	3.51m (11-6 1/4)	4/27 Janis Rider Invita
Stephanie Jenkins	Sr Hamline	3.38m (11-1)	5/3 Meet of the UnSaint
Navada Wendlandt	Jr Gustavus	3.38m (11-1)	5/3 Meet of the UnSaint
Carly Braun	So Hamline	3.30m (10-10)	5/10-11 MIAC Champs
Kelsey Harms	Fr Gustavus	3.30m (10-10)	5/10-11 MIAC Champs
Brittany Tuberg	Sr Augsburg	3.23m (10-7)	5/3 Meet of the UnSaint
Abby Baier	Jr St. Thomas	3.20m (10-6)	5/10-11 MIAC Champs
Nevada Wendlandt	Jr Gustavus	3.20m (10-6)	5/10-11 MIAC Champs
Haley Tsuji	Jr St. Catherine	3.20m (10-6)	4/24 Hamline Women's Tw
10			
KelliAnne O'Leary	So Bethel	3.10m (10-2)	4/13 Tom Cat Open
Danielle Busch	Sr St. Benedict	3.10m (10-2)	4/6 Hamline Invitationa
Katie Olson	So Gustavus	3.08m (10-1 1/4)	5/3 Meet of the UnSaint
Emma Fulton	Fr St. Olaf	3.06m (10-0 1/2)	4/27 Janis Rider Invita
Piper Murray	Fr St. Benedict	3.05m (10-0)	4/20 Carleton Relays
Macaela Karnick	Jr St. Benedict	3.05m (10-0)	3/16 CSB-SJU Invite
Karley Petersen	Fr Concordia Moorhead	2.93m (9-7 1/4)	5/4 Cobber Spite the Fl
Olivia Khauv	Fr St. Thomas	2.93m (9-7 1/4)	5/3 Meet of the UnSaint
Shelbie Walsh	Fr Gustavus	2.92m (9-7)	4/27 13th Annual Drake
Hailey Salazar	Fr St. Olaf	2.91m (9-6 1/2)	4/27 Janis Rider Invita
20			
Katie Richards	So Carleton	2.91m (9-6 1/2)	4/27 Janis Rider Invita
Ann Govig	Fr St. Olaf	2.90m (9-6 1/4)	4/24 Hamline Women's Tw
=====	Last 2012 qualifier	2.87m (9-5)	
Rebekah Forker	So Bethel	2.80m (9-2 1/4)	4/13 Tom Cat Open
Mollie Gillberg	So Bethel	2.80m (9-2 1/4)	4/13 Tom Cat Open
Kathryn Pomeroy	Fr Concordia Moorhead	2.78m (9-1 1/2)	4/29 Cobber Twilight
Emily LaFontaine	So Gustavus	2.77m (9-1)	4/30 MSU Twilight
Morgan Lyons	Fr St. Thomas	2.76m (9-0 1/2)	4/27 Janis Rider Invita
Maggie Harris	Jr St. Thomas	2.76m (9-0 1/2)	4/27 Janis Rider Invita
Jessica Miller	Jr Bethel	2.76m (9-0 1/2)	4/27 Janis Rider Invita
Anna Johnson	Fr St. Olaf	2.63m (8-7 1/2)	5/3 Meet of the UnSaint
30			
Kelsey Zimmer	So Gustavus	2.63m (8-7 1/2)	5/3 Meet of the UnSaint
Marit Henckel	So Gustavus	2.63m (8-7 1/2)	5/3 Meet of the UnSaint
Becca Iten	Jr Saint Mary's	2.50m (8-2 1/2)	4/27 St. Mary's Open
Andy Baker	Fr Concordia Moorhead	2.48m (8-1 1/2)	5/4 Cobber Spite the Fl
Jennifer Strege	Sr St. Benedict	2.46m (8-0 3/4)	4/27 Janis Rider Invita
Brittany Hegg	Fr St. Benedict	2.45m (8-0 1/2)	3/29 Trinity Tiger Rela
Andrea Major	Fr Concordia Moorhead	2.33m (7-7 3/4)	4/29 Cobber Twilight
Mary Cherne	Fr St. Benedict	2.00m (6-6 3/4)	3/16 CSB-SJU Invite
38 entrants			

HEPTATHLON

Kaari Jensen	Sr Concordia Moorhead	4760	4/25 Drake Relays Hepta
Dani Larson	So St. Olaf	4524	5/10-11 MIAC Champs
Ameila Campbell	Fr Carleton	4414	5/10-11 MIAC Champs
Mandy Witschen	Fr St. Benedict	4049	5/10-11 MIAC Champs
Ann Govig	Fr St. Olaf	3934	5/10-11 MIAC Champs
Anna Skow-Anderson	Fr Concordia Moorhead	3799	5/10-11 MIAC Champs
Zoe Hansen	Fr St. Olaf	3718	5/10-11 MIAC Champs
Carolyn Saulsberry	Fr Hamline	3584	5/10-11 MIAC Champs
Kayti Helm	Fr St. Benedict	3580	5/10-11 MIAC Champs
Anna McDevitt	Jr Gustavus	3182	5/10-11 MIAC Champs
10			

Morgan Lyons	Fr St. Thomas	3153	5/10-11 MIAC Champs
Makayla Skluzacek	So St. Catherine	3007	5/10-11 MIAC Champs
Jule Muegge	So St. Catherine	2874	5/10-11 MIAC Champs
Kelly O'Neill	So Gustavus	2681	5/10-11 MIAC Champs
14 entrants			

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